



VSPM ACADEMY OF HIGHER EDUCATION

5, YMCA COMPLEX SITABULDI NAGPUR 440001 PH NO - 07122536409/2530347
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VSPMAHE/CCEA/ 05 /2024

Date: -08th January 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report

Soft Skills Training Program for Physiotherapy Students

Training Session Report: Debate

Organized by: Centre for Career Enrichment and Advancement with the Physiotherapy Unit

Date and Time: 08 January 2024, 12:00 pm - 1:00 pm

Overview:

A one-hour session for first-year BPTH students focused on enhancing communication, critical thinking, and debating skills. Facilitated by Dr. Sujitha Reddy from VSPMAHE, it combined theory, practice, and interactive discussions.

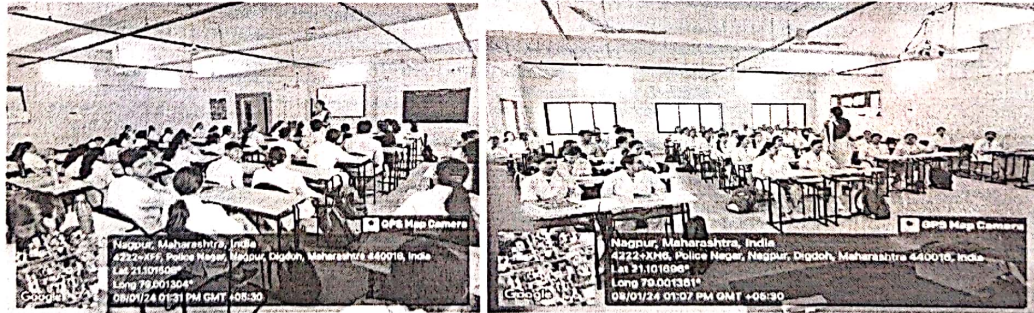
Key Highlights:

- Tailored for first-year Physiotherapy students.
- Emphasized soft skills critical for healthcare professions.
- Positive feedback highlighted its effectiveness.

Conclusion:

The session successfully met its objectives and showcased the importance of soft skills training in professional development. The program was coordinated by **Dr. Maneesha Deshpande**, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean **Dr. Kajal Mitra**, NKPSIMS & RC, and LMH.



Maneesha Deshpande

Dr. Maneesha Deshpande
Principal
Faculty Mentor CCEA
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Kajal Mitra

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VSPMAHE/CCEA/ 07 /2024

Date: -09th January 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019

Report

Soft Skills Training Program for Physiotherapy Students

Training Session Report: Building Character

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit
Date and Time: Monday, 09 January 2024, 2:00 pm - 3:00 pm

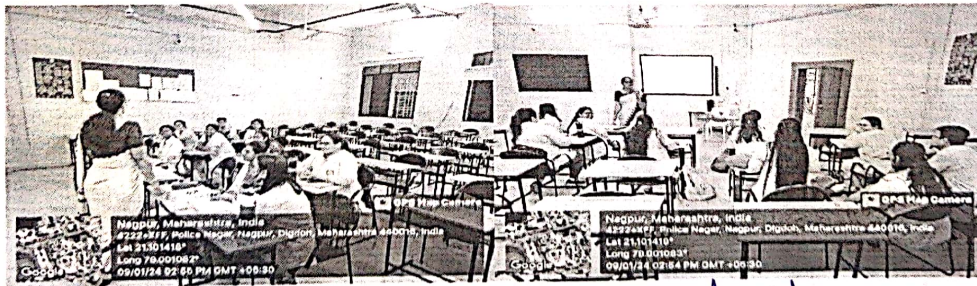
The "*Building Character*" session, led by Dr. Sujitha Reddy from VSPMAHE, aimed at enhancing communication, critical thinking, and character-building among second-year BPTH students. Activities included interactive lectures, case studies, role-playing, and group discussions to emphasize empathy, integrity, and professionalism in healthcare.

Outcomes:

- Improved communication and critical thinking skills.
- Better understanding of character's role in patient care.
- Increased confidence in handling professional interactions.

The session received positive feedback, with students praising its practical approach. Future steps include follow-up workshops, curriculum integration, and mentorship programs. The program was coordinated by **Dr. Maneesha Deshpande**, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean **Dr. Kajal Mitra**, NKPSIMS & RC, and LMH.



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VSPMAHE/CCEA/ 08 /2023

Date: -11th January 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report Soft Skills Training Program for Physiotherapy Students

Training Session Report: Etiquette

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit
Date and Time: Monday, 11 January 2024, 2:00 pm - 3:00 pm

The "Etiquette" session, led by Dr. Sujitha Reddy, focused on social, business, and online etiquette for first-year MPTH students. Interactive activities, including role-playing and discussions, enhanced understanding of professional behavior, communication, and netiquette.

Outcomes:

Students gained essential skills for professional interactions, with positive feedback highlighting the session's practical relevance. The event was a success, showcasing a commitment to students' holistic development. The program was coordinated by **Dr. Maneesha Deshpande**, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from **Honourable Dean Dr. Kajal Mitra**, NKPSIMS & RC, and LMH.



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VSPMAHE/CCEA/ 09 /2023

Date: -12th January 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019

Report

Soft Skills Training Program for Physiotherapy Students

Training Session Report: Presentation Skills

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit

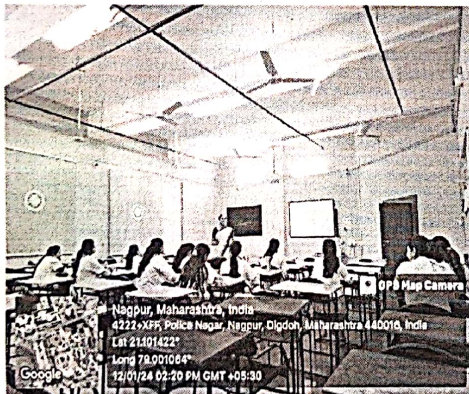
Date and Time: Monday, 12 January 2024, 2:00 pm - 3:00 pm

The "Presentation Skills" session, led by Dr. Sujitha Reddy, focused on enhancing physiotherapy interns' ability to design and deliver impactful presentations. Key activities included theoretical guidance, practical demonstrations, interactive workshops, and non-verbal communication techniques.

Outcomes:

Participants gained confidence in public speaking, improved presentation design and delivery skills, and mastered techniques for engaging and clear communication. The session received positive feedback, highlighting its practical relevance and interactive approach. The program was coordinated by **Dr. Maneesha Deshpande**, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean **Dr. Kajal Mitra**, NKPSIMS & RC, and LMH.



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VSPMAHE/CCEA/ 10 /2024

Date: -04th April 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report Soft Skills Training Program for Physiotherapy Students

Training Session Report: Advanced Leadership Skills

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit
Date and Time: 04th April 2024, 2:00 pm - 3:00 pm
Trainer: Dr. Sujitha Reddy
Venue: Room No-03, Physiotherapy College

Introduction:

The session on "Advanced Leadership Skills" was tailored for fourth-year BPT students, aiming to enhance their leadership abilities. Key areas of focus included visionary leadership, strategic planning, effective communication, conflict resolution, team building, and adaptability.

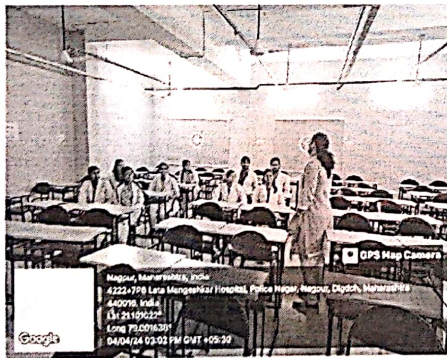
Interactive Activities:

The session incorporated role-plays, group discussions, and case studies, fostering practical learning and active participation.

Conclusion:

Led by Dr. Sujitha Reddy, the session effectively enhanced participants' leadership skills, making a significant contribution to their professional development. The program was coordinated by Dr. Maneesha Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean Dr. Kajal Mitra, NKPSIMS & RC, and LMH.



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VSPMAHE/CCEA/ 11 /2024

Date: -04th April 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019

Report

Soft Skills Training Program for Physiotherapy Students

Training Session Report: Self-Analysis

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit

Date and Time: 04th April 2024, 3:00 pm - 4:00 pm

Trainer: Dr. Sujitha Reddy

Venue: Room No-03, Physiotherapy College

Introduction:

The session on "*Self-Analysis*" was tailored for first-year MPT students to encourage reflection on their strengths, weaknesses, and areas for growth, promoting self-awareness crucial for personal and professional development.

Interactive Activities:

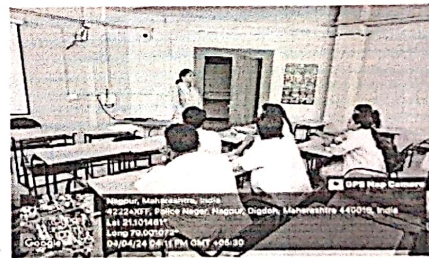
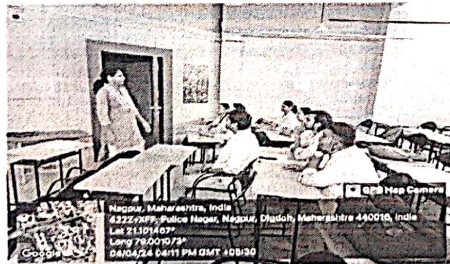
The session featured role-plays, group discussions, and case studies, enabling participants to practice self-reflection techniques and engage in constructive dialogue.

Conclusion:

Facilitated by Dr. Sujitha Reddy, the session successfully enhanced participants' self-analysis skills, equipping them with practical tools for continuous improvement and growth.

The program was coordinated by **Dr. Maneesha Deshpande**, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean **Dr. Kajal Mitra**, NKPSIMS & RC, and LMH.



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VSPMAHE/CCEA/ 12 /2024

Date: -08th April 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report Soft Skills Training Program for Physiotherapy Students

Training Session Report: Introduction to Professionalism

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit
Date and Time: 08th April 2024, 3:00 pm - 4:00 pm
Trainer: Dr. Sujitha Reddy
Venue: Room No-03, Physiotherapy College

Introduction:

The session on "Introduction to Professionalism" aimed to help first-year BPT students understand the core principles of professionalism in healthcare. It focused on developing a strong foundation for professional behavior, emphasizing communication, ethical conduct, and responsibility in the physiotherapy profession.

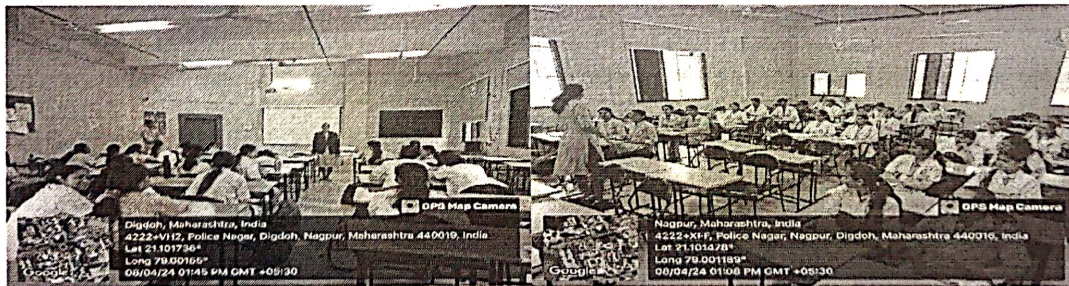
Interactive Activities:

The session included role-plays, group discussions, and case studies, allowing participants to practice professional behaviors and engage in constructive dialogue.

Conclusion:

Facilitated by Dr. Sujitha Reddy, the session successfully enhanced participants' understanding of professionalism, providing them with practical tools for their personal and professional growth in the healthcare field. The program was coordinated by **Dr. Maneesha Deshpande**, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from **Honourable Dean Dr. Kajal Mitra**, NKPSIMS & RC, and LMH.



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VSPMAHE/CCEA/ 13 /2024

Date: -05th June 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report Soft Skills Training Program for Physiotherapy Students

Training Session Report: Stress Management

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit
Date and Time: 05th June 2024, 2:00 pm - 3:00 pm
Trainer/Resource Person: Dr. Sujitha Reddy
Venue: Physiotherapy College, Room No-03

Introduction:

The "Stress Management" session, held on June 5th, 2024, focused on enhancing stress management skills for third-year BPT students. The event, organized by the Centre for Career Enrichment and Advancement with the Physiotherapy Unit, was successful.

Session Overview:

Dr. Sujitha Reddy, an expert in stress management, led the session, emphasizing practical techniques for managing stress in daily life.

Conclusion:

The session successfully provided stress management tools, thanks to the collaboration between the Centre for Career Enrichment and Advancement and the Physiotherapy Unit. The program was coordinated by **Dr. Maneesha Deshpande**, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from **Director (Academics & Accreditations)**
Dr. Kajal Mitra, VSPMAHE.



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Principal

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VSPMAHE/CCEA/ 14 /2024

Date: -05th June 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019

Report

Soft Skills Training Program for Physiotherapy Students

Training Session Report: Conflict Resolution and Negotiation

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit

Date and Time: 05th June 2024, 3:00 pm - 4:00 pm

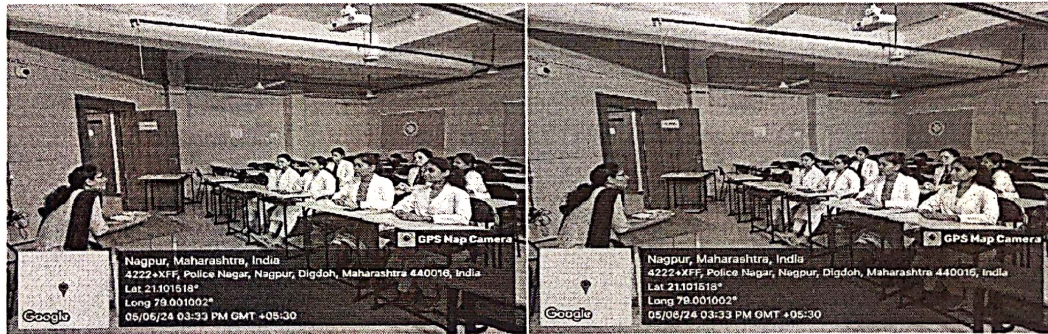
Trainer/Resource Person: Dr. Sujitha Reddy

Venue: Physiotherapy College, Room No-01

The Conflict Resolution and Negotiation training session, held on 5th June 2024, was organized by the Centre for Career Enrichment and Advancement in partnership with the Physiotherapy Unit to equip fourth-year BPT students with essential skills for managing conflicts and fostering collaboration. Led by Dr. Sujitha Reddy, an expert in conflict management, the session focused on key principles such as communication, empathy, and active listening, while introducing practical negotiation techniques to handle workplace disagreements and build consensus. Interactive discussions, real-life scenarios, and role-playing exercises enriched the learning experience, allowing participants to apply these concepts effectively. The program, coordinated by Dr. Maneesha Deshpande, Principal of VSPM College of Physiotherapy and Faculty Mentor for the CCEA, was well-received and successful in achieving its objectives. The program was successfully coordinated by Dr. Maneesha Deshpande, Principal of VSPM College of Physiotherapy and Faculty Mentor for the CCEA.

The event received high appreciation from Director (Academics & Accreditations)

Dr. Kajal Mitra, VSPMAHE.



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VSPMAHE/CCEA/ 18 /2024

Date: -06th June 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019

Report

Soft Skills Training Program for Physiotherapy Students

Training Session Report: Self-Analysis

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit

Date and Time: 6th June 2024, 2:00 pm - 3:00 pm

Trainer/Resource Person: Dr. Sujitha Reddy

Venue: Physiotherapy College, Room No. 03

Introduction:

The *Self-Analysis* session, held on 6th June 2024, focused on enhancing self-reflection and evaluation skills among third-year BPT students. Organized by the Centre for Career Enrichment and Advancement in collaboration with the Physiotherapy Unit, the event was a success.

Session Overview:

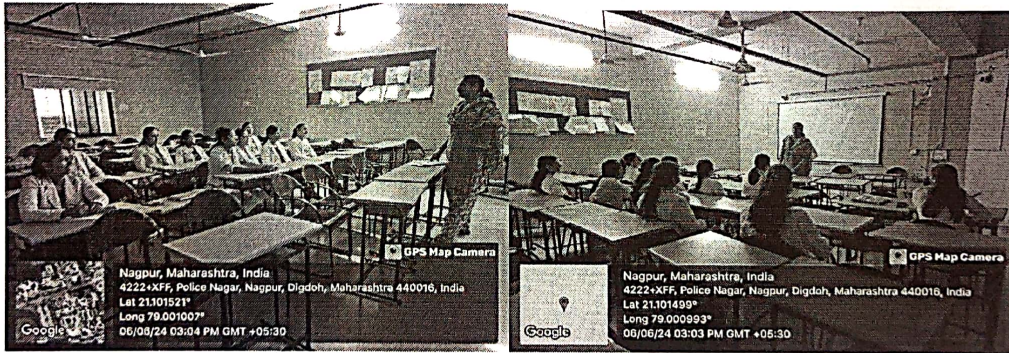
Dr. Sujitha Reddy, an expert in self-analysis, conducted the session, emphasizing practical techniques for self-assessment and personal growth.

Conclusion:

The session effectively equipped participants with tools for self-analysis, promoting their personal and professional development. The program was successfully coordinated by Dr. Maneesha Deshpande, Principal of VSPM College of Physiotherapy and Faculty Mentor for the CCEA.

The event received high appreciation from Director (Academics & Accreditations)

Dr. Kajal Mitra, VSPMAHE.



Maneesha Deshpande

Dr. Maneesha Deshpande
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Faculty Mentor CCEA
VSPM'S ~~Principal~~

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VSPMAHE/CCEA/ 16 /2024

Date: -07th June 2024

Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report Soft Skills Training Program for Physiotherapy Students

Training Session Report: Advanced Ethical Decision Making

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit
Date and Time: 07th June 2024, 2:00 pm - 3:00 pm
Trainer/Resource Person: Dr. Sujitha Reddy
Venue: Physiotherapy College, Room No-03

Introduction:

The session on "Advanced Ethical Decision Making" aimed to enhance physiotherapy interns' ability to navigate complex ethical dilemmas. It was successfully organized by the Centre for Career Enrichment and Advancement and the Physiotherapy Unit.

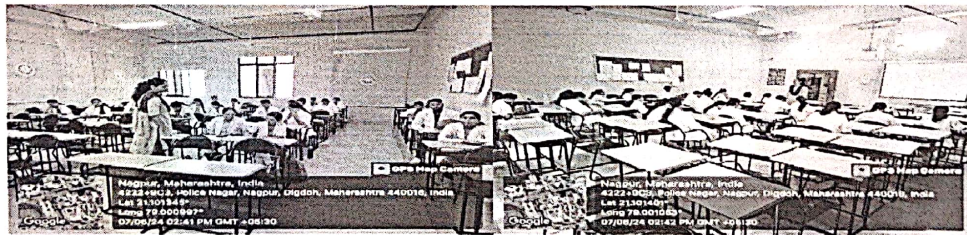
Session Overview:

Dr. Sujitha Reddy led the session, covering ethical theories, decision-making frameworks, and practical applications for real-world challenges.

Conclusion:

The session successfully equipped participants with advanced ethical decision-making strategies, ensuring a meaningful learning experience. The program was coordinated by **Dr. Maneesha Deshpande**, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from **Director (Academics & Accreditations)**
Dr. Kajal Mitra, VSPMAHE.



Dr. Maneesha Deshpande
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