



# V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

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## **Title: Industrial Physiotherapy: A Collaborative Outreach Program**

### **Objectives:**

- Provide preventive and therapeutic Physiotherapy to reduce musculoskeletal disorders.
- Promote workforce health and wellness.
- Integrate clinical expertise with hands-on practice for students.
- Raise awareness on workplace ergonomics.

### **Context:**

Industrial workers face high musculoskeletal issues due to physically demanding tasks. The program addresses the need for physiotherapy services and ergonomic guidance while overcoming reluctance and collaboration challenges.

### **Practice:**

Collaboration between Physiotherapy institutions and industries provides services, benefiting workers and offering real-world student experience.

### **Evidence:**

Success shown through improved worker satisfaction and physical well-being.

### **Challenges:**

Reluctance, logistical issues, and resource constraints.



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