



### **5.1.2: Capability Enhancement And Development Schemes**

**To whom so may ever concern**

The college conducts various capability enhancement and development schemes for students.

The list is as follows:

- 1. Soft Skill Development - Kaushalya**
- 2. Language and Communication Skills – Sampark**
- 3. Yoga and Wellness - Aatmasath**
- 4. Analytical Skill Development - Visheshan**
- 5. Human Value Development - Sanskar**
- 6. Personality and Professional Development - Vyaktitva**
- 7. Employability and Skill Development – Swayam**



  
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Digdoh Hills, Hingna Road, Nagpur-19



**5.1.2: Capability Enhancement And Development Schemes**

**LIST OF CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEME EMPLOYED BY INSTITUTION FOR STUDENTS**

Sr. no.	Name of the scheme	Name of the program	Date	Agencies
1	Soft skill development – Kaushalya	Debate	08/01/2024	VSPM'S college of physiotherapy
		Building character	09/01/2024	VSPM'S college of physiotherapy
		Etiquette	11/01/2024	VSPM'S college of physiotherapy
2	Language and communication skills – Sampark	Essay competition on benefits of public transportation	07/07/2023	VSPM'S college of physiotherapy
		Intercollege essay and e-poster competition	15/08/2023	VSPM'S college of physiotherapy
3	Yoga and wellness – Aatmasath	International yoga day celebration	21/06/2023	VSPM'S college of physiotherapy
		Drug free India	26/06/2023	VSPM'S college of physiotherapy
		Identifying early signs of common mental disorders	13/08/2023	VSPM'S college of physiotherapy
		Intercollege sports talent of students	03/10/2023	VSPM'S college of physiotherapy
		RCNV cricket league	28/10/2023	VSPM'S college of physiotherapy
4	Analytical skill development – Vishleshan	Stock market	06/08/2023	VSPM'S college of physiotherapy
		Self-analysis	04/04/2024	VSPM'S college of physiotherapy



*Mouy*  
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# V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

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5	Human value development – Sanskar	Teacher's day celebration	05/09/2023	VSPM'S college of physiotherapy
		Devine perceptions	20/09/2023	VSPM'S college of physiotherapy
		Blood donation Camp	03/10/2023	VSPM'S college of physiotherapy
		Navratri celebration	21/10/2023	VSPM'S college of physiotherapy
		Voters awareness campaign for the youth	12/02/2024	VSPM'S college of physiotherapy
		Awareness of POSCO act and gender equality	12/03/2024	VSPM'S college of physiotherapy
6	Personality and professional development – Vyaktitva	MUHS foundation day celebration	10/06/2023	VSPM'S college of physiotherapy
		Cultural talent	11/09/2023	VSPM'S college of physiotherapy
		Rotaract conclave 2.0	07/10/2023	VSPM'S college of physiotherapy
		Aarohan installation ceremony	12/10/2023	VSPM'S college of physiotherapy
		Etiquette	11/01/2024	VSPM'S college of physiotherapy
		Advanced leadership skills	04/04/2024	VSPM'S college of physiotherapy
		Introduction to professionalism	04/04/2024	VSPM'S college of physiotherapy



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7	Employability and skill development – Swayam	E-waste management in collaboration with IT department	31/07/2023	VSPM'S college of physiotherapy
		Presentation skills	12/01/2024	VSPM'S college of physiotherapy



*Mouji*

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**5.1.2: Capability Enhancement and Development Schemes**

**5.1.2 CAPABILITY ENHANCEMENT ( A.Y. 2023 -2024)**

**JUNE 2023 – MAY 2024**

SR. NO.	NAME OF CAPABILITY ENHANCEMENT / BUILDING PROGRAM	NUMBER OF ACTIVITIES
1	SOFT SKILL DEVELOPMENT - KAUSHALYA	3
2	LANGUAGE AND COMMUNICATION SKILLS – SAMPARK	2
3	YOGA AND WELLNESS – AATMASATH	5
4	ANALYTICAL SKILL DEVELOPMENT – VISHESHAN	2
5	HUMAN VALUE DEVELOPMENT - SANSKAR	6
6	PERSONALITY AND PROFESSIONAL DEVELOPMENT – VYAKTITVA	6
7	EMPLOYABILITY AND SKILL DEVELOPMENT – SWAYAM	2



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## SOFT SKILLS DEVELOPMENT (KAUSHALYA) ACADEMIC YEAR- 2023-2024



*Maya*

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## VSPM ACADEMY OF HIGHER EDUCATION

S, YRICA COMPLEX SHIVAJI NAGPUR 440019 Ph No - 0712520490/0533347  
FAX - 8112-232905

EMAIL ID - vspmahe@gmail.com website - www.vspmahe.org



VSPMAHE/CCEA/ 25 /2024

Date: -08<sup>th</sup> January 2024

### Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019

#### Report

#### Soft Skills Training Program for Physiotherapy Students

Training Session Report: Debate

Organized by: Centre for Career Enrichment and Advancement with the Physiotherapy Unit  
Date and Time: 08 January 2024, 12:00 pm - 1:00 pm

#### Overview:

A one-hour session for first-year BPTH students focused on enhancing communication, critical thinking, and debating skills. Facilitated by Dr. Sujitha Reddy from VSPMAHE, it combined theory, practice, and interactive discussions.

#### Key Highlights:

- Tailored for first-year Physiotherapy students.
- Emphasized soft skills critical for healthcare professions.
- Positive feedback highlighted its effectiveness.

#### Conclusion:

The session successfully met its objectives and showcased the importance of soft skills training in professional development. The program was coordinated by Dr. Manonika Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean Dr. Kajal Mitra, NKPSIMS & RC, and LMH.



Dr. Manonika Deshpande  
Principal  
Faculty Mentor CCEA  
VSPM'S COP  
Principal

V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



Dr. Kajal Mitra  
Dean  
NKPSIMS & RC and LMH

#### DEAN

M.K.P. Saive Institute  
Of Med. Sciences & RC  
and LMH, NAGPUR



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## VSPM ACADEMY OF HIGHER EDUCATION

S, YMCA COMPLEX SITABULDI NAGPUR 440001 PH NO - 8712251649/2530147  
FAX - 8712-2552087

EMAIL ID - vspmah@rediffmail.com website - www.vspmaha.org



VSPMAHE/CCEA/ 07 /2024

Date: -09<sup>th</sup> January 2024

### Centre for Career Enrichment and Advancement

V.S.P.M.'S College of Physiotherapy, Nagpur-440019

#### Report

#### Soft Skills Training Program for Physiotherapy Students

##### Training Session Report: Building Character

**Organized by:** Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit  
**Date and Time:** Monday, 09 January 2024, 2:00 pm - 3:00 pm

The "Building Character" session, led by Dr. Sujitha Reddy from VSPMAHE, aimed at enhancing communication, critical thinking, and character-building among second-year BPTH students. Activities included interactive lectures, case studies, role-playing, and group discussions to emphasize empathy, integrity, and professionalism in healthcare.

##### Outcomes:

- Improved communication and critical thinking skills.
- Better understanding of character's role in patient care.
- Increased confidence in handling professional interactions.

The session received positive feedback, with students praising its practical approach. Future steps include follow-up workshops, curriculum integration, and mentorship programs. The program was coordinated by Dr. Maneesha Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean Dr. Kajal Mitra, NKPSIMS & RC, and LMH.



*Maneesha*

Dr. Maneesha Deshpande  
Principal  
Faculty Mentor CCEA  
VSPM'S COP  
Principal

V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*Kajal*

Dr. Kajal Mitra  
Dean  
NKPSIMS & RC and LMH

DEAN  
N.K.P. Salve Institute  
Of Med. Sciences & RC  
and LMH, NAGPUR



*Maneesha*

Principal  
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VSPMAHE/CCEA/ 08 /2023

Date: -11<sup>th</sup> January 2024

### Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report Soft Skills Training Program for Physiotherapy Students

#### Training Session Report: Etiquette

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit  
Date and Time: Monday, 11 January 2024, 2:00 pm - 3:00 pm

The "Etiquette" session, led by Dr. Sujitha Reddy, focused on social, business, and online etiquette for first-year MPT students. Interactive activities, including role-playing and discussions, enhanced understanding of professional behavior, communication, and etiquette.

#### Outcomes:

Students gained essential skills for professional interactions, with positive feedback highlighting the session's practical relevance. The event was a success, showcasing a commitment to students' holistic development. The program was coordinated by Dr. Maneesha Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean Dr. Kajal Mitra, NKPSIMS & RC, and LMH.



Dr. Maneesha Deshpande  
Principal  
Faculty Mentor CCEA  
VSPM'S CBP  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



Dr. Kajal Mitra  
Dean  
NKPSIMS & RC and LMH

DEAN  
N.K.P. Saive Institute  
Of Med. Sciences & RC  
and LMH, NAGPUR



Principal  
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**LANGUAGE AND COMMUNICATION SKILLS  
(SAMPARK)**

**ACADEMIC YEAR- 2023-2024**



*Manju*

**Principal**  
V.S.P.M.'s College of Physiotherapy,  
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Ref : \_\_\_\_\_

Date : \_\_\_\_\_

Date: 7<sup>th</sup> July, 2023

### ESSAY COMPETITION ON BENEFIT OF PUBLIC TRANSPORTATION

16<sup>th</sup> May– 30<sup>th</sup> May, 2023

Intercollegiate essay competition on benefits of public transportation was organised by college student council for students of Medical, Dental, Nursing and Physiotherapy students. 13 students participated in essay competition. Mrs. Siddheshwari Barbatkar, lecturer from VSPM's MDINE was judge for this competition. Essays of participants were submitted to Mrs. Siddheshwari Barbatkar by hand. She judged the essays according to scoring of evaluation sheet. She judged the competition and three winners were declared. All winners were appreciated with prizes and certificates by the hand of Principal, Dr. Maneesha Deshpande and Professor, Pushpa Rewatar. All participants were appreciated with e-certificates. Judge Mrs. Siddheshwari Barbatkar was also appreciated by e-certificate for her valuable time and effort.

Total Beneficiaries: 13 students

Student Coordinator: Khushi Gelda (IV B.P.Th)

*M.S. Shale*  
Dr. Kartik Shale



*M.D.*  
Dr. Maneesha Deshpande  
Principal

Principal  
V.S.P.M.'s College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur.



*M.D.*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14





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Appreciation of winners with Certificates and prize

Handwritten text, possibly a date or reference number.



*Mane*  
**Dr. Maneesha Deshpande**  
**Principal**

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



*Mane*  
**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





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E-mail : vspmscop@gmail.com Fax No.: (07104) 232905

Ref No: VSPM's COP/Prin/ CSC/1/2023

Date: 4/8/2023

### CIRCULAR

College student council of VSPM's College of Physiotherapy is organizing "INTERCOLLEGIATE ESSAY COMPETITION ON ECO-FRIENDLY INDEPENDANCE DAY CELEBRATION" and "INTERCOLLEGIATE e-POSTER COMPETITION ON CLEAN INDIA & GREEN INDIA" for students.

#### Rules for intercollegiate essay competition:

1. Word limit of essay is 1000 words.
2. Language of essay is English/Hindi/Marathi.
3. Write your name, college name, mobile number and Email-id on separate sheet while sending essay document.
4. Participants should submit essay on or before 20<sup>th</sup> August, 2023.
5. Essay document should be submitted in PDF format to [kartikshah@vspmscop.edu.in](mailto:kartikshah@vspmscop.edu.in)

- Note: Same PDF document should be printed and submitted to Dr. Kartik Shah (Assistant Professor: contact No. 7744856263)

#### Rules for intercollegiate e-poster competition:

1. All the e-poster shall be in JPEG/PDF format 400 dpi resolution.
2. Participants should submit e-poster along with Name, College name, Mobile number and Email-id on separate sheet.
3. Participants should submit e-poster on or before 20<sup>th</sup> August, 2023.
4. e-poster should be submitted to [kartikshah@vspmscop.edu.in](mailto:kartikshah@vspmscop.edu.in)

#### For any query contact -

- Miss Khushi Gelda (Secretary, College Student Council 2022-23, Contact No. 888889141)
- Dr. Kartik Shah (Assistant Professor: contact No. 7744856263)

*Certificates will be given all to participants & Prizes will be given to winners.*

Copy to

- 1) Dean, NKPSIMS & RC, Nagpur.
- 2) Dean, VSPM's DCRC, Nagpur.
- ✓ Principal, VSPM MDINE.

Note: please display on notice board and inform to all the students.



*Moupani*  
PRINCIPAL  
VSPM's College of Physiotherapy



*Moupani*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14



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## COLLEGE STUDENT COUNCIL OF

V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

NAAC Accredited B++

DIGDOH HILLS, HINGNA ROAD, NAGPUR

Reference no. :

Date: 29/8/2023

### Intercollegiate essay and e-poster competition

20<sup>th</sup> August, 2023

College student council organized intercollegiate essay competition on eco-friendly Independence day celebration" and "Intercollegiate e-poster competition on clean India & green India in August, 2023. Students from Physiotherapy College and Nursing College participated in competition. 16 students participated in essay competition and 6 students participated in e-poster competition. Mrs. Julie Bharbat (Artist, NKPSIMS, Nagpur) was judge for e-poster competition. Mrs. Renuka Deshpande was judge for essay competition. 2 winners were decided for e-poster competition and 3 winners were decided for essay competition. all winners and participants were appreciated with certificates. Judges were also appreciated with certificates.

Total Beneficiaries: 22 students

Student Coordinator: Khushi Gekda (IV B.P.Th)

*K.S. Shah*

Dr. Kartik Shah  
Teacher in charge



*M. Deshpande*

Principal  
VSPM's College of Physiotherapy

Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*M. Deshpande*

Principal  
V.S.P.M.'s College of Physiotherapy,  
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## COLLEGE STUDENT COUNCIL OF

## V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

NAAC Accredited B++  
DIGDOH HILLS, HINGNA ROAD, NAGPUR

Reference no. :

Date: 20/8/2023

Attendance of students for

Intercollegiate essay competition on eco-friendly Independence Day celebration

Sr. No.	Name	Signature
1.	Vaishnavi Belsare	V.S. Belsare
2.	Shruti Bagde	Shruti Bagde
3.	Nikita Gahhane	Nikita Gahhane
4.	Trupti Masurkar	Trupti Masurkar
5.	Mayuri Patle	Mayuri Patle
6.	Aditi Poreti	Aditi Poreti
7.	Sneha Marbate	S.M. Marbate
8.	Arti Vaidya	Arti Vaidya
9.	Aishwarya Lanjewar	Aishwarya Lanjewar
10.	Krutika Shrivastava	Krutika Shrivastava
11.	Niharika Thatte	Niharika Thatte
12.	Nikita Palaspagar	Nikita Palaspagar
13.	Annapoorni T.	Annapoorni T.
14.	Sara Borkar	Sara Borkar
15.	Tanushree Rathod	Tanushree Rathod
16.	Umhisha Sheikh	Umhisha Sheikh

*K.P. Shah*

Dr. Kartik Shah  
Teacher in charge

Principal  
VSPM's College of Physiotherapy



*Manoj*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14



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## YOGA AND WELLNESS (AATMASATH) ACADEMIC YEAR- 2023-2024



*Mouje*

Principal  
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Ref. : VSPMS Cop / Ph. / 180 / 2023

Date : 13/6/2023

## CIRCULAR

### International Yoga Day Celebration

International yoga day will be celebrated on 21<sup>st</sup> June, 2023. To mark the celebration, VSPM's College of Physiotherapy in collaboration with NKPSIMS & RC, VPM's DCRC and VSPM MDINE has organised **e-poster competition** for students, Teaching & Non-teaching staff.

● Theme for e-poster is **"YOGA FOR FIT INDIA"**

Guidelines:

1. All the e-poster shall be in JPEG/PDF format 400 dpi resolution and display ration 4.3.
2. Participants should submit e-poster along with Name, College name, Mobile number and Email-id on separate sheet.
3. Participants should submit e-poster on or before 17<sup>th</sup> June, 2023.
4. e-poster should be submitted to [harshadipkothare@vspmscop.edu.in](mailto:harshadipkothare@vspmscop.edu.in)

For any query contact-

Dr. Harshadip Kothare (Mob No. 9766847936)

● Dr. Kartik Shah (Mob. No. 7744856263)

*Certificates will be given all to participants & Prizes will be given to winners.*

Copy to

- 1) Dean, NKPSIMS & RC, Nagpur.
- 2) Dean, VSPM's DCRC, Nagpur.
- 3) Principal, VSPM MDINE.



*M. K. Pande*

Principal

VSPM's College of Physiotherapy

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



*M. K. Pande*

Principal  
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Ref \_\_\_\_\_

Date \_\_\_\_\_

Date :26 June 2023

## Program Report

The government of India has adopted a vision for a 'DRUG FREE INDIA' which reiterates India resolve to fight against the menace of drugs. In compliance of this Narcotics control Bureau, Mumbai unit proposes to observe Drug free India campaign from 12-26 June 2023, on a Pan India basis

NSS Unit of V.S.P.M's College of Physiotherapy, Nagpur had organised an e-pledge campaigning for Drug Free India on 26.6.2023. Students were informed about the campaign by whatsapp group by their respective teacher coordinators. The students visited the website <https://pledge.mygov.in/fightagainstdrugabuse/>

e-pledge was taken by students and e-certificates were received. Total 77 students participated in the campaign.



*Moupana*

Principal

V.S.P.M.'s College of Physiotherapy



*Moupana*

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- **REGION:** NAGPUR 1A
- **CLUB NAME:** ROTARACT CLUB OF VSPM PHYSIOS
- **PROJECT NAME:** IDENTIFYING EARLY SIGNS OF COMMON MENTAL DISORDERS
- **PROJECT MODE:** ONLINE
- **START DATE:** 13/08/2023
- **END DATE:** 13/08/2023
- **PLATFORM:** GOOGLE MEET
- **Description of report in brief by Rtr. Dipali Kalambe(Club Secretary)**

CLUB REPORT: 2023  
REPORTING DATE: 25-08-2023

#### **Description:**

On 13th August 2023, the team of RAC VSPM PHYSIOS Organized an online event. Our main focus was enlightening people about Identifying the early signs of common mental illness. Our Eminent speaker was Dr. Sudhir Bhavde. The illness was broadly classified into 2 types,  
1) The illness self can pick up  
2) The illness family can pick up  
And then each of the illnesses was described and discussed in detail. Topics like: How is the illness caused? What are certain things that lead to the illness? How to understand certain changes in behavior that point out to the illness? How to understand yourself and others around who may be suffering from any illness? Where and how to seek help? He put light into it in a very easy and understanding way. After the presentation a very interactive Q&A was held to clear the doubts. A good audience of around 99+ people attended our webinar and shared their feedback for the same.  
Thank you  
RAC VSPM PHYSIO.



*Mouje*

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14





# V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

OFFICE : DIGDOH HILLS, HINGNA ROAD, NAGPUR - 440 019. ☎ : 07104 - 244290, 244291, 665000  
E-mail : vspmscop@gmail.com Fax No.: (07104) 232905



## COLLEGE STUDENT COUNCIL OF

V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

NAAC Accredited B++  
DIGDOH HILLS, HINGNA ROAD, NAGPUR

Reference no. :

Date:

### Report of sports talent of students

3<sup>rd</sup> & 4<sup>th</sup> October, 2023

Datta Meghe College of Physiotherapy, Nagpur organized Intercollegiate Sports meet "EMBERS 2K23" on 3<sup>rd</sup> and 4<sup>th</sup> October, 2023. Various sports competition were organized and 7 different Physiotherapy colleges from Bhandara, Wardha and Nagpur participated in sports competition. Physiotherapy students from VSPM's College of Physiotherapy participated in Cricket, Volleyball and Football. Cricket team and Volleyball team of VSPM's College of Physiotherapy won First prize and Football team was semifinalist in sports competition. All winners were appreciated by certificates and trophy was given to winning team.

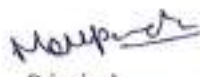
Total Beneficiaries: 9 students in Cricket, 9 students in Football & 8 students in Volleyball

Student Coordinator: Pankaj Bhojar (III B.P.Th)

  
Dr. Manoj Marathe  
Sports Teacher  
Dr. Manoj Marathe  
Sports Teacher

VSPM'S College of Physiotherapy, Nagpur.



  
Principal  
VSPM's College of Physiotherapy  
Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14





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## COLLEGE STUDENT COUNCIL OF V.S.P.M's COLLEGE OF PHYSIOTHERAPY NAAC Accredited B++ DIGDOH HILLS, HINGNA ROAD, NAGPUR

Reference no. :

Date:

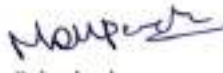


Physiotherapy Cricket team of college receiving Trophy

  
Dr. Manoj Marathe  
Sports Teacher  
Dr. Manoj Marathe  
Sports Teacher

VSPM'S College of Physiotherapy, Nagpur.



  
Principal  
VSPM's College of Physiotherapy  
Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



  
Principal  
V.S.P.M's College of Physiotherapy,  
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Reference no. :

Date:

### Attendance of cricket players (students)

Sr. No.	Name	Signature
1.	Pankaj Bhoyar (captain)	
2.	Vishwajeet Chavan	
3.	Utkarsh Soni	
4.	Uday Rahate	
5.	Prasad Pande	
6.	Harshal Landge	
7.	Anurang Kale	
8.	Mukul Arajpure	
9.	Shashwat Turak	

### Attendance of Football players (students)

Sr. No.	Name	Signature
1.	Pankaj Bhoyar	
2.	Vishwajeet Chavan (captain)	
3.	Utkarsh Soni	
4.	Shreevardhan Ingole	
5.	Prasad Pande	
6.	Ajay Bhugat	
7.	Anurang Kale	
8.	Swaraj Rajkarni	
9.	Tejas Sawarkar	

Dr. Manoj Marathe  
Sports Teacher

Principal  
VSPM's College of Physiotherapy



Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14





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Reference no. :

Date:

### RCNV Cricket League

28<sup>th</sup> & 29<sup>th</sup> October, 2023

Rotary Club of Nagpur Vision (RCNV) organized Cricket league for Rotarians. Physiotherapy interns of VSPM's College of Physiotherapy provided Physiotherapy service to all players on the field. Five cricket matches were played on different cricket ground. Two Physiotherapy interns were appointed for one cricket match. Time for Cricket match was 9:00 am to 5:00 pm. Interns provided Physiotherapy in the form of stretching of upper limb and lower limb muscles, warm up & cool down, Myofascial release, Taping, Aerobics exercises and general mobility exercises. First aid was also given to injured players on the field. Lunch and high tea was provided to Physiotherapy Interns. Players and organizer appreciated Interns for their effort and dedication.

Total Beneficiaries: 11 Physiotherapy Interns

Student Coordinator: Dipali Kalambe (II B.P.Th)

*K.D. Shah*

Dr. Kartik Shah  
Teacher in charge



*Moupanch*

Principal  
VSPM's College of Physiotherapy  
Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Raod, Nagpur



*Moupanch*

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14



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## COLLEGE STUDENT COUNCIL OF V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY NAAC Accredited B++ DIGDOH HILLS, HINGNA ROAD, NAGPUR

Reference no. :

Date:



Physiotherapy Interns giving Physiotherapy treatment to cricket players

*K.S. Shah*

Dr. Kartik Shah  
Teacher in charge



*M. S. Patil*

Principal  
V.S.P.M.'s College of Physiotherapy

Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*M. S. Patil*

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14





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Reference no. :

Date:



Taping and stretching exercises by Physiotherapy Interns

*K.S. Shah*

Dr. Kartik Shah  
Teacher in charge



*Moupan*

Principal  
VSPM's College of Physiotherapy  
Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*Moupan*

Principal  
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Reference no. :

Date:



Physiotherapy interns with cricket team

*K.S.Shah*

Dr. Kartik Shah  
Teacher in charge



*Moupani*

Principal  
VSPM's College of Physiotherapy

Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*Moupani*

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14





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## COLLEGE STUDENT COUNCIL OF V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY NAAC Accredited B++ DIGDOH HILLS, HINGNA ROAD, NAGPUR

Reference no. :

Date: 31/10/2023

### Attendance of interns

Sr. No.	Name	Signature
1.	Tejas Sawarkar	
2.	Virali Ganatra	
3.	Saburi Ingale	
4.	Komal Heliwal	
5.	Gargi Joshi	
6.	Renuka Pandit	
7.	Shreyasi Borkar	
8.	Apurva Gajbhiye	
9.	Shrabonika Pal	
10.	Madiha Bakali	
11.	Krishna Patel	

M. D. Shah



M. D. Shah  
Principal  
V.S.P.M.'s College of Physiotherapy  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



M. D. Shah  
Principal  
V.S.P.M.'s College of Physiotherapy,  
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# **ANALYTICAL SKILL DEVELOPMENT**

## **(VISHLESHAN)**

**ACADEMIC YEAR- 2023-2024**



*Maya*

**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-44





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- **REGION:** NAGPUR 1A
- **CLUB NAME:** ROTARACT CLUB OF VSPM PHYSIOS
- **PROJECT NAME:** STOCK MARKET
- **PROJECT MODE:** ONLINE
- **START DATE:** 06/08/2023
- **END DATE:** 06/08/2023
- **PLATFORM:** GOOGLE MEET

## Description of report in brief by Rtr. Dipali Kalambe(Club Secretary)

CLUB REPORT: 2023  
REPORTING DATE: 18-10-2023

### Description:

Our club collaborated with Rotaract club of Hinganghat conducted a webinar on stock market was conducted on 6<sup>th</sup> of August 2023. Number of Participants were 250+ across nagpur region and hinganghat.

Speaker: Mr. Ganesh Dhakate

It was an interactive session that catered both the beginners seeking to venture into investing and also the seasonal investors looking to elevate their strategies.

This session was divided into two parts. The session began with the importance of financial literacy why is it important to youth or this generation in general. Tips were given on how to empower ourselves and be independent financially and also briefed about laws of wealth. In the second half of this session a brief about types of investments was delivered. A brief about share markets & mutual funds was also given.

Overall the webinar was very informative and everyone learned about the new aspect of investments and share market in general.

Thank you.

RAC VSPM PHYSIO



*Mouji*

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14



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**VSPM ACADEMY OF HIGHER EDUCATION**

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FAX - 0712-3552087  
EMAIL ID - vsprmsa@gmail.com website - www.vspmrtda.org



VSPMAHE/CCEA/ 11 /2024

Date: -04th April 2024

**Centre for Career Enrichment and Advancement**  
**V.S.P.M.'S College of Physiotherapy, Nagpur-440019**  
**Report**  
**Soft Skills Training Program for Physiotherapy Students**

**Training Session Report: Self-Analysis**

**Organized by:** Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit  
**Date and Time:** 04th April 2024, 3:00 pm - 4:00 pm  
**Trainer:** Dr. Sujitha Reddy  
**Venue:** Room No-03, Physiotherapy College

**Introduction:**

The session on "Self-Analysis" was tailored for first-year MPT students to encourage reflection on their strengths, weaknesses, and areas for growth, promoting self-awareness crucial for personal and professional development.

**Interactive Activities:**

The session featured role-plays, group discussions, and case studies, enabling participants to practice self-reflection techniques and engage in constructive dialogue.

**Conclusion:**

Facilitated by Dr. Sujitha Reddy, the session successfully enhanced participants' self-analysis skills, equipping them with practical tools for continuous improvement and growth.

The program was coordinated by Dr. Maneesha Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean Dr. Kajal Mitra, NKPSIMS & RC, and LMH.



**Dr. Maneesha Deshpande**  
Principal  
Faculty Mentor CCEA  
VSPM'S COP

V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur

**Dr. Kajal Mitra**  
Dean  
NKPSIMS & RC and LMH

**DEAN**  
N.K.P. Saive Institute  
Of Med. Sciences & RC  
and LMH, NAGPUR



**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-14



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# **HUMAN VALUE DEVELOPMENT (SANSKAR)**

**ACADEMIC YEAR- 2023-2024**



*Manjira*

**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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Ref: *VSPMS's cop/Ain/CSC 01/Int./2023*

Date: *4/9/2023*

## CIRCULAR

College student council of VSPM's College of Physiotherapy is celebrating Teacher's day on 5<sup>th</sup> September, 2023. All staffs and students are requested to attend the program on 5<sup>th</sup> September, 2023 in Dream hall of VSPM's College of Physiotherapy at 1:30 pm.



*Maspar*  
Principal 4/3/23

VSPMS's College of Physiotherapy

Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur

*Maspar*



Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





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Ref : \_\_\_\_\_

Date : 8/9/2023

## Teacher's day celebration

05<sup>th</sup> September, 2023

College student council celebrated Teacher's day on 5<sup>th</sup> September, 2023. All staffs were welcomed by handmade card which were made by students. Program began with welcoming speech by Gayatri Bhakare and Rupal Jaiswal. Shravani Kalkotwar gave speech on the importance of Teacher's day. Students also performed beautiful Group song on the occasion of Teacher's Day. Then Principal, Dr. Maneesha Deshpande gave her motivational speech to students and staff. Students organised fun game competition for teachers & all teachers participated enthusiastically. Dr. Shilpa Chourasia and Dr. Shyam Chaudhari were declared as first and second winners, respectively. They were appreciated with prize. The program was ended with National anthem.

Total Beneficiaries: 12 teachers and 108 students

Student Coordinator: Pragati Patel (III B.P.Th)



K.D. Shah  
8/9/2023

Dr. Karishk Shah

Manspande  
09/09/2023

Principal  
VSPM's College of Physiotherapy

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



Manspande

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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Welcoming of staff by students on Teacher's day



Motivational speech by Principal, Dr. Maneesha Deshpande on Teacher's day



*Maneeshade*  
Principal  
VSPM's College of Physiotherapy  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



*Maneeshade*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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E-mail : vsprmscop@gmail.com Fax No.: (07104) 232905

Ref. : \_\_\_\_\_

Date : 5/9/2023

## Attendance of teachers on Teacher's Day celebration

Sr. No.	Name	Signature
1.	Dr. Maneesha Deshpande	
2.	Dr. Abhijeet Deshmukh	
3.	Dr. Rashmi Ronghe	
4.	Dr. Shyam Chaudhari	
5.	Dr. Rashmi Mahulkar	
6.	Dr. Shilpa Chourasia	
7.	Dr. Kiran Mendhe	
8.	Dr. Kartik Shah	
9.	Dr. Pooja Akhtar	
10.	Dr. Priyanka Deshmukh	
11.	Dr. Harshadip Kothare	
12.	Dr. Ruchi Chandra	



Principal 09/09/23

VSPM's College of Physiotherapy

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



Principal  
V.S.P.M.'s College of Physiotherapy,  
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Ref : \_\_\_\_\_

Date : 3/9/2023

Students who prepared handmade cards for teachers on Teacher's Day

Sr. No.	Name of students	Signature
1.	Krutika Shrivastava	<i>Krutika</i>
2.	Kalyani Phalak	<i>Kalyani</i>
3.	Vinita Goenka	<i>Goenka</i>
4.	Vaishnavi Belsare	<i>V.S. Belsare</i>
5.	Suhani Khandelwal	<i>Suhani</i>
6.	Aishwarya Gabhane	<i>Aishwarya</i>
7.	Umhiba Sheikh	<i>Umhiba</i>
8.	Mayuri Kose	<i>Mayuri</i>
9.	Sarrah Ali	<i>Sarrah</i>
10.	Vinisha Rughwani	<i>V. Rughwani</i>
11.	Prerna Katore	<i>Prerna</i>
12.	Samruddhi Kaggate	<i>Samruddhi</i>
13.	Reema Patel	<i>Reema</i>
14.	Twinkle Dave	<i>Twinkle</i>



*Mohapande*  
29/09/23  
Principal

VSPM's College of Physiotherapy

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



*Mohapande*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
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- **REGION:** NAGPUR 1A
- **CLUB NAME:** ROTARACT CLUB OF VSPM PHYSIOS
- **PROJECT NAME:** DIVINE PERCEPTIONS
- **PROJECT MODE:** ONLINE
- **START DATE:** 20/09/2023
- **END DATE:** 27/09/2023
- **PLATFORM:** GOOGLE FORM, GOOGLE DRIVE
- **Description of report in brief by Rtr. Dipali Kalambe(Club Secretary)**

CLUB REPORT: 2023  
REPORTING DATE: 18-10-2023

## Description:

RAC VSPM PHYSIO collaborated with Rotaract club of YCCE and PCE for a Photography event. This event was a collaborative fund-raising event. The participation amount was 30 rupees per picture and there was total 25+ entries and one winner was selected and cash money was given as the winning amount. There were certain rules to be followed while taking and uploading the picture. It was uploaded on a Google link provided for by the team and best picture was uploaded from all the submitted pictures. The participants were given participation certificate for the same.

Thank you

RAC VSPM PHYSIO



  
**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



# V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

OFFICE : DIGDOH HILLS, HINGNA ROAD, NAGPUR - 440 019. ☎ : 07104 - 244290, 244291, 665000  
E-mail : vsprmsocp@gmail.com Fax No.: (07104) 232905



**N.K.P. Salve Institute of Medical Sciences & Research Centre and  
Lata Mangeshkar Hospital Blood Centre**

Digdoh Hills, Hingna Road, Nagpur 440 019

Phone (07104) 665000,244291, Fax:(07104) 306111- mail: lmbloodbanknagpur@rediffmail.com



No. NKP/LMH/BC/176/2023

Date: 9/09/2023

To,

The Principal,

VSPM's College of Physiotherapy Digdoh Hills, Nagpur .

**Subject : Regarding the Blood Donation Camp to be conducted on 3<sup>rd</sup> October 2023**

Respected Madam,

Lata Mangeshkar Hospital Blood Centre is Celebrating "National Voluntary Blood Donation Day", on 3<sup>rd</sup> Oct 2023 to recognize and commemorate the immense contribution made by Dr. Jai Gopal Jolly in the field of blood transfusion and immunohaematology . So we request you to kindly arrange the blood donation camp for the noble cause.

Thanking You.

*Shub*  
Dr. Shrutiika Bheelkar  
BTO  
LMH Blood Centre

*Dr. Pragati Karmarkar*  
Dr. Pragati Karmarkar  
I/c Blood Bank  
Asso. Prof  
NKP SIM & R.C. & LMH

*Dr. S.A. Maimoon*  
Dr. S.A. Maimoon  
Prof & HOD  
Dept. of Pathology  
NKP SIM & R.C. & LMH

*Mouf*  
19/2023  
Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*Mouf*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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**N.K.P. Saive Institute of Medical Sciences & Research Centre and  
Lata Mangeskar Hospital Blood Centre**

Phone (07104) 665000, 244291, Fax (07104) 206111- mail: info@bloodbanknagpur.com



No. NKP/LMH/BC/ 18/ /2023

Date: 11/09/2023

## CIRCULAR

### National Voluntary Blood Donation Day - 2023

National voluntary blood donation day will be celebrated on 3<sup>rd</sup> October 2023. To mark the celebration LMH Blood centre has organised following activities for the students, teaching and non teaching staff.

Activity	Contact Person	Contact no	Time	Venue
<b>Blood Donation Camp</b>	Mr. Arun Thawkar	9421708879	9am onwards	Harmony Hall
<b>Elocution competition</b> Topic : 1. Why should I donate Time allotted : 2 minutes Language: English, Marathi, Hindi Prizes: 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> . Note: Please Confirm your entry by 28/09/2023	Dr. Shrutika Bhelkar Dr. Uma Itahate	9823448472 9922956727	10am	Harmony Hall
<b>Felicitation of camp organizers and donors</b>	Mr. Amol Edlabadkar	9356123465	11 am	Harmony Hall
<b>Guest Lecture</b> Topic : Rational use of Blood and Blood products. Speaker : Dr. Soumya Das Assistant Professor and faculty Incharge of Transfusion Medicine and Blood Centre, AIIMS, Nagpur	Dr. Mrunalini Wankhede	9067837518	2pm to 3pm	Inspire Hall

#### Copy to:

1. The Dean, NKP SIMS & RC and LMH, Digdoh Hills, Nagpur.
2. The Dean, Dental College & Research Centre, Digdoh Hills, Nagpur.
3. The Principal, VSPM's College of Physiotherapy, Digdoh Hills, Nagpur.
4. The Nursing Director, MEDINE Digdoh Hills, Nagpur.

Dr. Shrutika Bhelkar  
BTO  
LMH Blood Centre

Dr. Pragati Karmarkar  
I/c Blood Centre  
Dept of Pathology  
NKP SIMS

Dr. Sabiha Maimoon  
Professor & Head  
Dept. of Pathology  
NKP SIMS

18/09/23

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



Principal  
V.S.P.M.'s College of Physiotherapy,  
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**N.K.P. Salve Institute of Medical Sciences & Research Centre and  
Lata Mangeshkar Hospital Blood Centre**  
Digdoh Hills, Hingna Road, Nagpur - 440 019

Phone (07104) 665000, 244291, Fax: (07104) 306111- mail: [lmhbloodbanknagpur@rediffmail.com](mailto:lmhbloodbanknagpur@rediffmail.com)

No. NKP/LMH/BC/ 183 /2023



Date: 7/10/2023

To,  
Dr. Manisha Deshpande,  
The Principal,  
VSPM's College of Physiotherapy Digdoh Hills, Nagpur.

Respected Madam,

We would like to thank and appreciate your noble gesture in organizing blood donation camp on the occasion of National Voluntary Blood Donation Day 2023 at our blood centre. We look forward to your continued support and encourage patronage in this endeavor of our blood centre.

  
Dr. Shrutika Bhelkar  
BTO  
LMH Blood Centre

  
Dr. Pragati Karmarkar  
I/c Blood Bank  
Asso. Prof  
NKP SIMS & R.C. & LMH

  
Dr. S.A. Maimoon  
Prof & HOD  
Dept. of Pathology  
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Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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**N.K.P. Salve Institute of Medical Sciences & Research Centre and  
Lata Mangeshkar Hospital Blood Centre**

Phone (07104) 665000, 244291, Fax: (07104) 306111- mail: lmbloodbanknagpur@rediffmail.com



## INVITATION FOR NATIONAL VOLUNTARY BLOOD DONATION DAY (3<sup>rd</sup> Oct 2023)

To,  
Dr. Manisha Deshpande,  
Principle,  
VSPM's College of Physiotherapy,  
Nagpur.  
Resp. Madam,

On the occasion of NATIONAL VOLUNTARY BLOOD DONATION DAY we are conducting following activities on 3<sup>rd</sup> Oct 2023

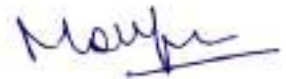
Sr. no	Activity	Time	Venue
1	Blood Donation Camp in association with NSS VSPMs College of Physiotherapy.	9 am onwards	Harmony Hall
2	2 minutes speech on Why should I donate blood? for the staff and students.	10 am	Harmony Hall
3	Felicitaton of camp organizers and donors.	11am	Harmony Hall
4	Guest Lecture Topic : Rational use of Blood and Blood products. Speaker : Dr. Soumya Das, Assistant Professor and faculty incharge Dept. of Transfusion Medicine and Blood Centre ,AIMS ,Nagpur	2 pm to 3 pm	Inspire Hall

Madam, we cordially invite you to kindly grace the occasion with your presence.

  
Dr. Shrutika Bhelkar  
BTO  
LMH Blood Centre

  
Dr. Pragati Karmaricar  
I/c Blood Bank  
Asso. Prof  
NKP SIMS & R.C. & LMH

  
Dr. S.A. Maimoon  
Prof & HOD  
Dept. of Pathology  
NKP SIMS & R.C. & LMH





**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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Ref. : \_\_\_\_\_

Date : 5/10/2023

## National Voluntary Blood Donation Day-2023 Celebration

03<sup>rd</sup> October, 2023

College student council celebrated National voluntary blood donation day-2023 in collaboration with NKP Salve Institute of Medical Sciences & RC and LMH Blood Centre on 3<sup>rd</sup> October, 2023. Event included blood donation, elocution competition on topic of "Why should I donate blood?" and guest lecture on "Rational use of blood and blood products." Floral welcome of all dignitaries was done by organizing committee. Event started with blood donation from 9:00 am onwards. Elocution competition was held at 10:00 am. All dignitaries and Dr. Maneesha Deshpande, Principal of VSPM's College of Physiotherapy delivered her speech regarding blood donation on this occasion. VSPM's College of Physiotherapy was appreciated by memento and certificate for its contribution towards encouraging students for blood donation. Students also participated enthusiastically in event.

Total Beneficiaries: 07 students

Student Coordinator: Palak Kothari (II B.P.Th)

K.S. Shah  
5/10/23  
Dr. Kartik Shah  
Teacher Incharge



M. Deshpande  
5/10/23  
Principal  
VSPM's College of Physiotherapy  
Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



M. Deshpande  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





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Physiotherapy students voluntarily participated in blood donation camp



*Molpate*

Principal  
VSPM's College of Physiotherapy  
Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur

*Molpate*



Principal  
V.S.P.M.'s College of Physiotherapy,  
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## COLLEGE STUDENT COUNCIL OF

V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

NAAC Accredited B++

DIGDOH HILLS, HINGNA ROAD, NAGPUR

Reference no. :

Date: 25/10/23

Navratri Celebration

21<sup>st</sup> October, 2023

Lata Mangeshkar Hospital, Nagpur organized Navratri celebration in collaboration with College student council of VSPM's College of Physiotherapy on 21<sup>st</sup> October, 2023. Students from Dental and Nursing colleges were also invited for celebration. DJ Garba and Dandiya night was organized in College campus. Celebration was started with lamp lighting at 7:00 pm by the hand of Mrs. Ayushree Deshmukh. Then, traditional Garba and Dandiya dances were performed by students. Students energetically danced with music of Garba and Dandiya. Celebration ended at 11:00 pm.

Total Beneficiaries: 06 students

Student Coordinator: Khushi Gelda (Intern)

K.D. Shah  
25/10/23  
Dr. Kartik Shah  
(Teacher In charge)



Mahipendra  
25/10/23  
Principal  
VSPM's College of Physiotherapy

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19

Mahipendra



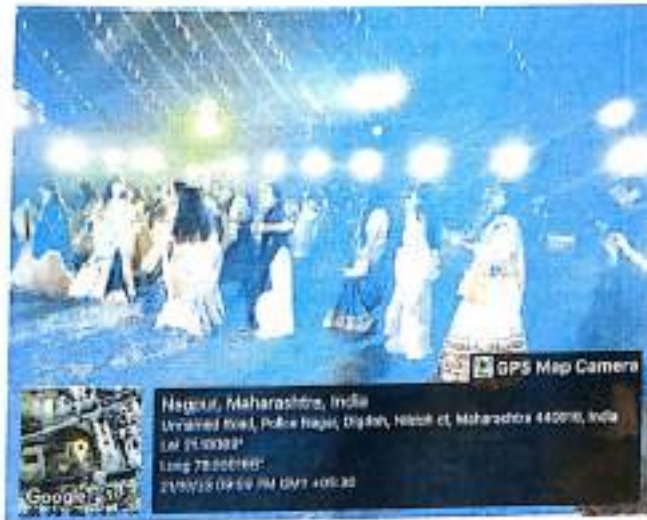
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





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Navratri celebration



*Manju*  
25/10/23

Principal

VSPM's College of Physiotherapy

Principal

V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19

*Manju*



Principal

V.S.P.M.'s College of Physiotherapy,  
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## COLLEGE STUDENT COUNCIL OF

## V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

NAAC Accredited B++

DIGDOH HILLS, HINGNA ROAD, NAGPUR

### Attendance of Students

Sr. No.	Name	Signature
1.	Dr. Mahek Khoja	
2.	Dr. Ritika Mudliyar	
3.	Janvi Gole	
4.	Vidhi Chawda	
5.	Sahil Vidhale	
6.	Aditi Lahoti	

K.D. Shah  
25/10/23  
Dr. Kartik Shah  
(Teacher Incharge)



25/10/23  
Principal  
VSPM's College of Physiotherapy

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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आचार्य मनिष र. जोशी  
सचिव

Prof. Manish R. Joshi  
Secretary



सत्यमेव जयते



आजादी का  
अमृत महोत्सव  
विश्वविद्यालय अनुदान आयोग  
University Grants Commission  
(शिक्षा विभाग, भारत सरकार)  
(Ministry of Education, Govt. of India)

D.O.No. F.1-1/2024(Secy/SVEEP)

12<sup>th</sup> February, 2024/23 माघ, 1945

Subject: Voters awareness campaign for the Youth

Respected Madam/Sir,

A Memorandum of Understanding (MoU) has been signed between the Election Commission of India (ECI) and Ministry of Education (MoE) for implementing its flagship programme called Systematic Voters Education and Electoral Participation (SVEEP) that aims at universal and enlightened participation of all eligible citizens in elections inter alia by addressing urban and youth apathy.

Continuous Electoral and Democracy Education (CEDE) is an important component of SVEEP strategy which needs to be formalized and grounded in the higher education system in order to motivate future voters for greater electoral participation that would enable them to be responsible citizens who take pride in being a part of our democratic system in an informed manner with a sense of duty and purpose to strengthen our democracy.

In this regard, voter's awareness campaigns for the youth in the Higher Educational Institutions (HEIs) are to be organized. The HEIs running the NSS programs need to register their NSS program officers on MyBharat portal using the link [www.mybharat.gov.in](http://www.mybharat.gov.in) at the earliest and upload photos of the various initiatives taken.

In addition, all HEI's should keep their Auditoriums/ Conference room ready for live streaming of the Voters Awareness Campaign, the same should be viewed by maximum students of your HEI.

Principal of the HEI along with the NSS representative will be the coordinators of this campaign.

An online meeting for the same will be planned by UGC in the coming week. All details & clarifications will be covered during the online meeting.

All HEI's are requested to fill the below given google form for updating our data latest by 15 Feb 2024 positively.

<https://forms.gle/Exx1H5y6Yvt7VJE1n7>

Yours sincerely,

(Manish Joshi)

To

The Principals of all Colleges/Institutes

बहादुरशाह जफर मार्ग, नई दिल्ली-110002 | Bahadur Shah Zafar Marg, New Delhi-110002  
Ph.: 011-23236288/23239337 | E-mail : ucy.ugc@nic.in



Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-44



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*Mouja*



**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





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Ref No: VSPM's COP/Prin/\_\_\_\_\_/2024

Date: 12/03/2024

## LETTER OF INVITATION

To,  
Dr Ramya Nisal,  
General Surgeon & Psychologist  
Nagpur

Subject: Invitation to conduct workshop on Awareness on Protection of Children from Sexual offences (POCSO act) and Gender Equality

Respected Madam,

We are honoured to invite you as a "Guest Speaker" to conduct workshop "Awareness on Protection of Children from Sexual offences (POCSO act) and Gender Equality" on 16.3.2024 at 10 am in MATOSHREE Hall, Lata Mangeshkar Hospital campus.

Hence kindly acknowledge and accept the said invitation.

Thanking you in anticipation



*A. S. K. P. N.*

Principal

VSPM's College of Physiotherapy

Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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Lighting of the lamp by Guests Dr. Ramya Nisal, Mrs. Ananya Nagh and Principal Mam



Certificate of Appreciation was presented by Dr. Maneesha Deshpande to the Guests



U.G. PG students from various departments MBBS, Dental, Physiotherapy and Nursing



*Maneesh*

Principal

VSPM's College of physiotherapy



*Maneesh*



Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



**V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY**

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**PERSONALITY AND PROFESSIONAL  
DEVELOPMENT**

**(VYAKTITVA)**

**ACADEMIC YEAR- 2023-2024**



*Maya*

**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





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Deepak : (M) 9096243063  
**SARVODAY** Audio Vision  
Sai Nagar, Date Lay-out road, Jaitala, Nagpur-36.



## V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

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Fax. No. 07104-232905, Email: vspmscop@gmail.com

Ref- VSPM'sCOP/Prin/178 /2023

Date-10/06/2023

To,  
The Registrar,  
Maharashtra University of Health Sciences,  
Nashik.

Subject: Celebration of MUHS Foundation day.

Reference: MUHS/A-354/2023 Dated:07/06/2023

Respected Sir,

Please find attached herewith the Geo-tagged photographs of M.U.H.S. Foundation day celebration carried out at VSPM's College of Physiotherapy, Nagpur.

This is for your kind reference.

Thank you.



*M. K. Pande*  
Principal  
VSPM's College of Physiotherapy,  
Nagpur



*M. K. Pande*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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## V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

Date : 8 June 2023

### CIRCULAR

NSS Unit of V.S.P.M.'s College of Physiotherapy, Nagpur will organise a tree plantation activity on occasion of 25<sup>th</sup> Foundation day of the Maharashtra University of Health sciences, Nashik on 08/06/2023

*Mms*  
Principal

V.S.P.M.'s College of Physiotherapy



*Mms*

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



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Ref. : VSPM's COP/PMH/CSC-02/2023

Date : 11/9/2023

### Report of cultural talent of students

Talented students of VSPM's College of Physiotherapy, Anuksha Arge and Mahek Tripathi have made us proud by performing in the drama- "The Bread of Life- Dr. Pandurang Khankhoje, The Unsung Hero", presented under the initiative by the Ministry of Culture, the Government of India called, "Azadi Ka Amrit Mahotsav 2023". This was performed by "Meraki Performing Arts Organisation, Nagpur" from July 20th to August 26th, 2023 and was staged 26 times across the Vidarbha region of Maharashtra. Miss Anuksha Arge portrayed the role of Khankhoje's Mother- and his daughter, while Mahek Tripathi portrayed the role of 'Jeane', Khankhoje's wife and 'Gita' a classmate.



*Mahek*  
11/9/2023

Principal

VSPM's College of Physiotherapy

Principal

V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur

*M.D. Shah*  
11/9/23  
*Dr. Karshik Shah*  
Teacher in Charge



*Mahek*

Principal

V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





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Anushka Arge played a role of Dr. Khanchoje's Mother in drama



Mahesh Tripathi played a role of Dr. Khanchoje's wife in drama

*K. D. Shale*  
11/7/23  
Dr. Kankar Shale  
Teacher - In charge



*Mouf*  
11/7/23  
Principal  
VSPM's College of Physiotherapy  
Principal  
V. S. P. MS College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*Mouf*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
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- **REGION:** NAGPUR 1A
- **CLUB NAME:** ROTARACT CLUB OF VSPM PHYSIOS
- **PROJECT NAME:** ROTARACT CONCLAVE 2.0
- **PROJECT MODE:** OFFLINE
- **START DATE:** 7/10/2023
- **END DATE:** 7/10/2023
- **VENUE:** PERSISTENT SYSTEMS, NAGPUR

**Description of report in brief by Rtr. Dipali Kalambe(Club Secretary)**

**CLUB REPORT:** 2023

**REPORTING DATE:** 18-10-2023

**Description:**

RAC VSPM PHYSIOS co hosted a regional event which was held by the Rotarions and Rotractors from all over Nagpur. The event was Hosted by 7 Clubs and Co-Hosted by 3 Clubs Several speakers spoke to enlighten the youth in their distinctive fields. The Speakers were Shri Rahul Pande Ms. Sarita Kaushik Air Marshal Prashant Khandekar AVSM (Retd) Ms. Drishti Sharma, Ar. Mansi Sahajramani Mr. Vishnu Manohar, Mr. Mangesh Tere, Rtn. PP. Virendra Patrikar. There were 800 college going students who attended the event. Lunch and Momento were given to all the participants. It was a full day event and we learnt a lot from the speakers.

Thank you

RAC VSPM PHYSIO



*Mouya*

**Principal**  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





# V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

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VSPM Physios  
Rotaract



CREATE HOPE  
in the WORLD

## Invitation

Dr. Kartik Shah

You are cordially Invited to grace the special  
occasion of our Installation Ceremony  
2023-24

## Aarohan

Leadership is not about being in charge . It is  
about taking care of those in charge

Date: 12th October

Time : 11 am

Location : Dream Hall , VSPM College  
of Physiotherapy

President

Rtr. Palak Kothari

Secretary

Rtr. Dipali Kalambe



*Mouji*

Principal  
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**REGION:**NAGPURIA

**CLUBNAME:**ROTARACT CLUB OF VSPMPHYSIO

**PROJECTNAME:** AAROHAN INSTALLATION CEREMONY

**PROJECTMODE:** OFFLINE

**STARTDATE:**12/10/2023

**ENDDATE:**12/10/2023

**VENUE:**DREAMHALL, VSPM'S COLLEGE OF PHYSIOTHERAPY

**Description of report in brief by Rtr.DipaliKalambe (ClubSecretary)**

**CLUBREPORT:**2023

**REPORTING DATE:**18-10-2023

**Description:**

On 12th October 2023, Installation of the team of RAC VSPMPHYSIO was held.



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Some esteemed guest and guest of honor were invited to grace our Installation ceremony.

Guest of honour:

Rtn. Yogeshpalwal, Rtn. Rtr. Nishikantkashikar,

Dr. Maneesha Deshpande

Chief guest: Rtn. Ajay Uplanchiwar

All the esteemed guests motivated us with their golden words and blessings for our upcoming tenure. Our parent club also discussed about the future plans and collaborations with the club as well as college. The teaching staff of our college and fellow rotractors from different club were also invited to joins. The newly installed team has made are solution to work for the society as well as for their Self development. Token of love and refreshments were given to all the guests as well as fellow rotractors.

Thankyou,

RACVSPMPHYSIO



*Prashant*  
President

*K.D. Shale*  
Dr. Karik shale



*Moufy*  
18/10/23  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



*Moufy*  
Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19





## Rotaract Club installed at VSPM's College of Physiotherapy



Members of the newly-installed Rotaract Club pose for a group photo.

### ■ Staff Reporter

ROTARY Club of Nagpur Vision (RCNV) installed Rotaract Club at VSPM's College of Physiotherapy the other day.

The event was graced by Ajay Uplanchiwar RCNV President, Yogesh Paliwal, Director (Youth), Dr. Madhumati Secretary, and Nishikant Kashikar, District Co-Chair Rotaract.

Principal Dr. Maneesha

Deshpande encouraged the students to reach out to the society and do their bit for the community.

In his address Yogesh Paliwal highlighted the importance of fellowship, service, and professional growth.

In her acceptance speech, President Palak reiterated that with commitment to the principles of Rotaract, the incoming board is ready to inspire, innovate, and serve the com-

munity. The Rotaract Club will continue its mission to create lasting change and foster goodwill.

President Uplanchiwar said with unity and a shared vision, Rotaract members can make a profound difference in the world. He added that the club was looking forward to a year filled with meaningful service projects, leadership development, and the spirit of Rotaract



*Manesha*

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## VSPM ACADEMY OF HIGHER EDUCATION

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VSPMAHE/CCEA/ 08 /2023

Date: -11<sup>th</sup> January 2024

### Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019

#### Report

#### Soft Skills Training Program for Physiotherapy Students

Training Session Report: Etiquette

**Organized by:** Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit  
**Date and Time:** Monday, 11 January 2024, 2:00 pm - 3:00 pm

The "Etiquette" session, led by Dr. Sujitha Reddy, focused on social, business, and online etiquette for first-year MPTH students. Interactive activities, including role-playing and discussions, enhanced understanding of professional behavior, communication, and netiquette.

#### Outcomes:

Students gained essential skills for professional interactions, with positive feedback highlighting the session's practical relevance. The event was a success, showcasing a commitment to students' holistic development. The program was coordinated by Dr. Maneesha Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean Dr. Kajal Mitra, NKPSIMS & RC, and LMH.



*M. Deshpande*

Dr. Maneesha Deshpande  
Principal  
Faculty Mentor CCEA  
VSPM'S COP  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*K. Mitra*

Dr. Kajal Mitra  
Dean  
NKPSIMS & RC and LMH

DEAN  
N.K.P. Salve Institute  
Of Med. Sciences & RC  
and LMH, NAGPUR



Principal  
V.S.P.M.'s College of Physiotherapy,  
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VSPMAHE/CCEA/ 10 /2024

Date: -04th April 2024

## Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report Soft Skills Training Program for Physiotherapy Students

### Training Session Report: Advanced Leadership Skills

**Organized by:** Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit  
**Date and Time:** 04th April 2024, 2:00 pm - 3:00 pm  
**Trainer:** Dr. Sujitha Reddy  
**Venue:** Room No-03, Physiotherapy College

#### Introduction:

The session on "Advanced Leadership Skills" was tailored for fourth-year BPT students, aiming to enhance their leadership abilities. Key areas of focus included visionary leadership, strategic planning, effective communication, conflict resolution, team building, and adaptability.

#### Interactive Activities:


The session incorporated role-plays, group discussions, and case studies, fostering practical learning and active participation.

#### Conclusion:

Led by Dr. Sujitha Reddy, the session effectively enhanced participants' leadership skills, making a significant contribution to their professional development. The program was coordinated by Dr. Maneesha Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.


The event received high appreciation from Honourable Dean Dr. Kajal Mitra, NKPSIMS & RC, and LMH.



  
Dr. Maneesha Deshpande  
Principal  
Faculty Mentor CCEA  
VSPM'S COP

V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



  
Dr. Kajal Mitra  
Dean  
NKPSIMS & RC and LMH





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VSPMAHE/CCEA/ 12 /2024

Date: -08th April 2024

### Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report

#### Soft Skills Training Program for Physiotherapy Students

##### Training Session Report: Introduction to Professionalism

**Organized by:** Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit  
**Date and Time:** 08th April 2024, 3:00 pm - 4:00 pm  
**Trainer:** Dr. Sujitha Reddy  
**Venue:** Room No-03, Physiotherapy College

##### Introduction:

The session on "Introduction to Professionalism" aimed to help first-year BPT students understand the core principles of professionalism in healthcare. It focused on developing a strong foundation for professional behavior, emphasizing communication, ethical conduct, and responsibility in the physiotherapy profession.

##### Interactive Activities:

The session included role-plays, group discussions, and case studies, allowing participants to practice professional behaviors and engage in constructive dialogue.

##### Conclusion:

Facilitated by Dr. Sujitha Reddy, the session successfully enhanced participants' understanding of professionalism, providing them with practical tools for their personal and professional growth in the healthcare field. The program was coordinated by Dr. Maneesha Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honourable Dean Dr. Kajal Mitra, NKPSIMS & RC, and LMH.



*Manesha Deshpande*

Dr. Maneesha Deshpande  
Principal  
Faculty Mentor CCEA  
VSPM'S COE Principal  
V. S. P. M'S College of Physiotherapy  
Digdoh Hills, Hingna Road, Nagpur



*Kajal Mitra*

Dr. Kajal Mitra  
Dean  
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## **EMPLOYBILITY AND SKILL DEVELOPMENT (SWAYAM)**

**ACADEMIC YEAR- 2023-2024**



*Mouj*

**Principal**  
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Ref. : \_\_\_\_\_

Date: 24/7/2023

## CIRCULAR

College student council is organizing e-waste management in collaboration with IT department on 31<sup>st</sup> July, 2023. Students are requested to attend the activity.



*Mayur*  
Principal  
24/7/23

VSPM's College of Physiotherapy

Principal  
V.S.P.M.'s College of Physiotherapy,  
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*Mayur*

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Ref : \_\_\_\_\_

Date : \_\_\_\_\_

Date: 31<sup>st</sup> July, 2023

## e - WASTE MANAGEMENT IN COLLABORATION WITH IT DEPARTMENT

31<sup>st</sup> July, 2023

College student council conducted e-waste management activity in collaboration with IT department of NKPSIMS. Electronic waste also known as e-waste is generated when any electronic or electrical equipment becomes unfit for the intended use or if it has crossed its expiry date. To create awareness among students regarding e-waste management this event was conducted. Unused and old electronic item like cartridge of printer, old broken wires and some parts of CPU were handed over to IT department.

Total Beneficiaries: 20 students

Student Coordinator: Khushi Gelda (IV B.P.Th)

K. D. Shah  
31/7/23  
Dr. Kartik Shah



*Maneesh*  
31/7/23  
Dr. Maneesha Deshpande  
Principal

Principal  
V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19

*Maneesh*



Principal  
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Handover of used Cartridge of printer to IT department



*Maneesha*  
31/7/23

Dr. Maneesha Deshpande  
Principal

Principal

V.S.P.M.'s College of Physiotherapy,  
Digdoh Hills, Hingna Road, Nagpur-19



*Maneesha*

Principal

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EMAIL ID - vspmscop@gmail.com website - www.vspm.edu.org



VSPMAHE/CCEA/ 07 /2023

Date: -12<sup>th</sup> January 2024

### Centre for Career Enrichment and Advancement V.S.P.M.'S College of Physiotherapy, Nagpur-440019 Report Soft Skills Training Program for Physiotherapy Students

Training Session Report: Presentation Skills

Organized by: Centre for Career Enrichment and Advancement, in association with the Physiotherapy Unit  
Date and Time: Monday, 12 January 2024, 2:00 pm - 3:00 pm

The "Presentation Skills" session, led by Dr. Sujitha Reddy, focused on enhancing physiotherapy interns' ability to design and deliver impactful presentations. Key activities included theoretical guidance, practical demonstrations, interactive workshops, and non-verbal communication techniques.

#### Outcomes:

Participants gained confidence in public speaking, improved presentation design and delivery skills, and mastered techniques for engaging and clear communication. The session received positive feedback, highlighting its practical relevance and interactive approach. The program was coordinated by Dr. Manesha Deshpande, Principal VSPM College of Physiotherapy and Faculty Mentor, CCEA.

The event received high appreciation from Honorable Dean Dr. Kujal Mitra, NKPSIMS & RC, and LMH.



Dr. Manesha Deshpande  
Principal  
Faculty Mentor CCEA  
VSPM'S COP  
Principal

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