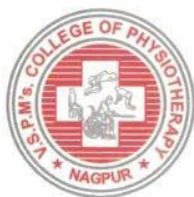


## V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

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### **List of NSS Activities 2023**

Sr. No.	Activity	Date
01.	National Youth Day	12/01/2023
02.	International Women day	08/03/2023
03.	World Tuberculosis (TB) day	24/03/2023
04.	World Health Day	07/04/2023
05.	Dr. Babasaheb Ambedkar Jayanti	14/04/2023
06.	World Environment Day	05/06/2023
07.	Tree Plantation	08/06/2023
08.	MUHS Foundation Day	10/06/2023
09.	International Yoga Day	21/06/2023
10.	Campaigning for Drug Free India	26/06/2023



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## National Youth Day

### Program Report

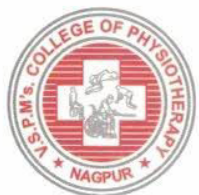
The NSS unit and College students council of VSPM's College of Physiotherapy, Nagpur has celebrated National Youth day on occasion of the birth anniversary of Swami Vivekanand on 12/01/2023.

Dr. Maneesha Deshpande, Principal enlightend the students about the great work and social reforms of Swami Vivekanand. She motivated the students to implement the preachings of Swami Vivekanad in studies as well as day to day life.

The staff members and students of VSPM's College of Physiotherapy attended this interactive session with great zeal and enthusiasm.

The whole event was organised under the vision and guidance of Dr. Maneesha Deshpande, Principal VSPM's College of Physiotherapy, Nagpur.





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## International Women's Day Celebration

### Program Report

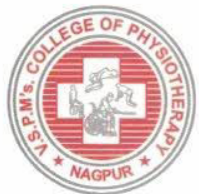
The NSS unit of VSPM's College of Physiotherapy, Nagpur has celebrated International Women day on 08/03/2023.

On this occasion, an awareness rally was organised in collaboration of NKP Salve institute of Medical Sciences, Nagpur at 9:00 am in and around the college campus.

Students of VSPM's College of Physiotherapy participated in the rally with great enthusiasm. Slogans and Placards having quotes for women empowerment were displayed in the rally.

After the rally, a lecture on "Breast Cancer Awareness and treatment" was also organised on this occasion at Matoshree Hall, Lata Mangeshkar Hospital Campus. Nagpur.





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## World Tuberculosis Day

### Program Report

The NSS unit of VSPM's College of Physiotherapy, Nagpur has celebrated World Tuberculosis day on 24/03/2023.

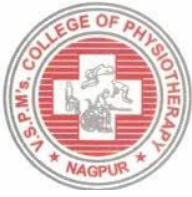
On this occasion, an awareness rally was organised in collaboration of NKP Salve institute of Medical Sciences, Nagpur at 9:00 am in and around the college campus.

Students of VSPM's College of Physiotherapy participated in the rally with great enthusiasm. Slogans and Placards having quotes for awareness about Tuberculosis were displayed in the rally.

After the rally, a lecture on "Tuberculosis and treatment" by Dr. Radha Munje, senior pulmonologist, was organised on this occasion at Matoshree Hall, Lata Mangeshkar Hospital Campus. Nagpur.







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## World Health Day

### Program Report

The NSS unit of VSPM's College of Physiotherapy, Nagpur has celebrated World Health day on 07/04/2023.

On this occasion, a Mega rally with the theme "Health for All" was organised at Reshimbaug area, Nagpur. It was an initiative of the Nagpur Regional Centre of Maharashtra University of Health Sciences. The rally started at 8:00 am from Kavivarya Suresh Bhat Sabhagruha, Reshimbaug, Nagpur. Students and faculties of various health science colleges in and around Nagpur were present in the rally in huge number.

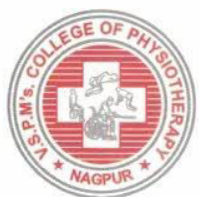
Students and staff of VSPM's College of Physiotherapy participated in the rally with great enthusiasm carrying slogans and placards having quotes for health awareness and organ donation. After the rally, all the participants were provided refreshments and were asked to assemble in Kavivarya Suresh Bhat Sabhagruha, Reshimbaug, Nagpur.

Deans and Faculties of various health science colleges from Nagpur graced the event. The program commenced with recitation of MUHS song by the dignitaries on the dais and the students. On this occasion, Chief guest Mr. Mohan Mate, MLA, appealed people to come forward for organ donation to give new lease of life to others. This was followed by a motivational lecture for the students by Dr. Arpana Hegde, Urogynecologist, Mumbai.

Dr. Harshadip Kothare, Asst. Program Officer, NSS and Dr. Kartik Shah, Teacher I/C College student council, encouraged the students by participating in the whole event. Dr. Sanjeev Choudhari, Regional coordinator, Nagpur regional centre, MUHS conducted the proceedings while Dr. Alka Charde proposed a vote of thanks.

The program concluded with the National Anthem.





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## Ambedkar Jayanti celebration

### Program Report

The NSS unit of VSPM's College of Physiotherapy, Nagpur has celebrated 132<sup>nd</sup> birth anniversary of Dr. Babasaheb Ambedkar on 14/04/2023.

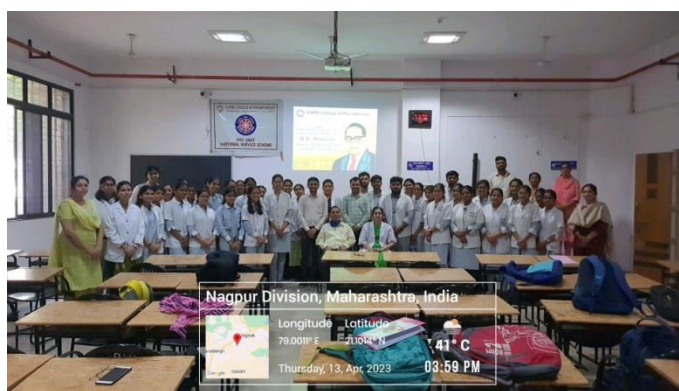
The program commenced with lightening candles and presenting a floral garland to the photo of Dr. B. R. Ambedkar, by the Principal, staff members and students of the college.

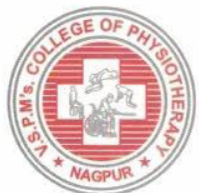
M.P.T student Dr. Apurva Gaikwad expressed her views about the social reforms made by Dr. B.R. Ambedkar and his contribution in making the Constitution of India.

Dr. Maneesha Deshpande, Principal, enlightened the students about the great works of Dr. B. R. Ambedkar and motivated the students to follow his path for the benefit and betterment of the society.

The staff members and students of VSPM's College of Physiotherapy attended this interactive session with great enthusiasm.

The MOC of the event was Dr. Mandira Housale.





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## World environment day

### Program Report

The NSS unit and College students council of VSPM's College of Physiotherapy, Nagpur has celebrated World Environment day on 05/06/2023.

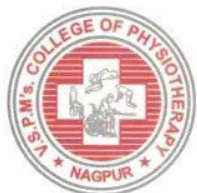
Ms. Prajakta Ingle, Second B.P.Th. student has expressed her views about environmental safety. She introduced about the good practices to keep the environment clean. She also prompted the awareness about environmental hazards and strategies to prevent them.

The staff members and students of VSPM's College of Physiotherapy attended this interactive session with great zeal and enthusiasm.

The whole event was organised under the vision and guidance of Dr. Maneesha Deshpande, Principal VSPM's College of Physiotherapy, Nagpur.







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## Tree Plantation Activity

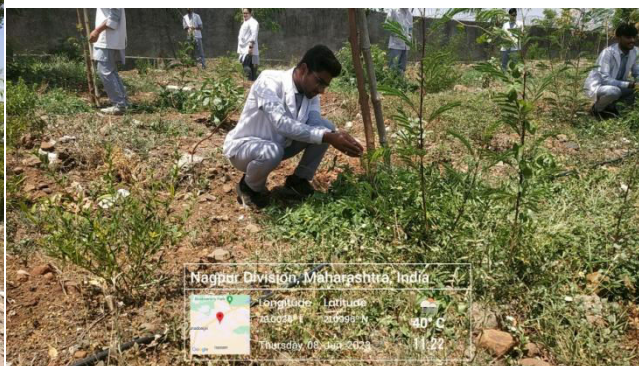
### Program Report

The NSS unit of VSPM's College of Physiotherapy, Nagpur has organised a tree plantation activity on occasion of 25<sup>th</sup> Foundation day of the Maharashtra University of Health sciences, Nashik on 08/06/2023.

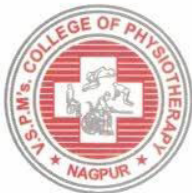
The activity was carried out in the college campus by the students and NSS volunteers of VSPM's College of Physiotherapy. Total twenty five trees with 20 Neem and 05 Apta trees, each having 8 to 10 feet height, were planted by 25 students sticking to the "One student one tree" note.

NSS Assistant Program officer, Dr. Harshadeep Kothare and Teacher Incharge, College student council, Dr. Kartik Shah were present during the activity who motivated the students for plantation as well as taking care of the trees.

The whole event was organised under the guidance and supervision of Dr. Maneesha Deshpande, Principal VSPM's College of Physiotherapy, Nagpur.







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## MUHS Foundation day

### Program Report

VSPM's College of Physiotherapy, Nagpur has celebrated the 25<sup>th</sup> Foundation day of Maharashtra university of Health sciences, Nashik, on 10<sup>th</sup> of June 2023.

The program started with the assembly of all the teaching, non teaching staff and students of VSPM's College of Physiotherapy at the College assembly point at 9:30 am. Dr. Maneesha Deshpande, Principal, enlightened the students about the importance of the event. MUHS flag hoisting and recitation of the University anthem was carried out at sharp 10:00 am.

The organisers for the event were Dr. Pushpa Dhote (Prof. Neurophysiotherapy & Program officer, NSS), Dr. Harshadip Kothare (Asst. Prof. Electrotherapy and Electrodiagnosis and Asst. Program Officer, NSS). The whole event was organised under the guidance and supervision of Dr. Maneesha Deshpande, Principal VSPM's College of Physiotherapy, Nagpur.





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## International yoga day

### Program Report

The NSS unit of VSPM's College of Physiotherapy, Nagpur has celebrated International Yoga day on 21/06/2023.

On this occasion, E poster competition was organised by V.S.P.M's College of Physiotherapy on topic **Yoga for Fit India**. Students & faculties of VSPM's College of Physiotherapy participated in the competition. E certificates were given to all participants and winners were given cash prizes.

Student category - First prize - Anushka Arge, Second prize - Sarah Ali.

Staff category – First prize –Dr.Anita Kahar Second prize – Dr.Abhijeet Deshmukh.

Non teaching category – First prize – Shirish Karade , Second prize- Juliee Bharbat

Mass Yoga session was organised in the Matoshree Auditorium, Lata Mangeshkar Hospital Campus Nagpur by Dental College. E-Slogan & Essay competitions were also organised by NKP Salve Institute of Medical Sciences & Research Centre & V.S.P.M's Madhuribai Deshmukh Institute of Nursing Education





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## Campaigning for Drug Free India

### Program Report

The government of India has adopted a vision for a 'DRUG FREE INDIA' which reiterates India's resolve to fight against the menace of drugs. In compliance of this Narcotics Control Bureau, Mumbai unit proposes to observe Drug free India campaign from 12-26 June 2023, on a Pan India basis.

NSS Unit of V.S.P.M.'s College of Physiotherapy, Nagpur had organised an e-pledge campaigning for Drug Free India on 26.6.2023. Students were informed about the campaign by WhatsApp group by their respective teacher coordinators. The students visited the website <https://pledge.mygov.in/fightagainstdrugabuse/>

e-pledge was taken by students and e-certificates were received. Total 77 students participated in the campaign.

