



V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

OFFICE : DIGDOH HILLS, HINGNA ROAD, NAGPUR - 440 019. ☎ : 07104 - 244290, 244291, 665000
E-mail : vspmscop@gmail.com Fax No.: (07104) 232905

Ref. : _____


Date : _____

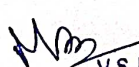
CODE OF ETHICS FOR RESEARCH

Physiotherapy is a health care profession concerned with human function and movement and maximizing physical potential. It is concerned with identifying and maximizing quality of life and movement potential within the spheres of promotion, prevention, treatment/ intervention, habilitation and rehabilitation. The practice of physiotherapy encompasses a diversity of clinical specialities to meet the unique needs of different patients groups. Ethical principles form the foundation of ethical conduct and provide guidance along the pathway to ethical decision-making. While there are several approaches to ethical principles, this document uses the classical ethical principles described below as a basic guide to ethical conduct during research. Emphasis is on the pursuit of excellence in all research activities, as well as the ability to act with integrity, accountability and good judgment in the best interests of the patient, the public, the individual (self) and the profession.

The following Core Ethical Principles must be considered while conducting the research:

- **Nonmaleficence:** "First Do No Harm". Physiotherapists ought to promote and protect decisions and/or actions that will minimize, mitigate, or prevent harm.
- **Beneficence:** "Do Good Always": It is the intent of striving for net benefit for individual involved.
- **Human Respect and Dignity:** Physiotherapists ought to promote and protect an individual's right to dignity at all times.
- **Autonomy:** Intents respect for independence of thought, intention, satisfying the criteria of full disclosure of information, comprehension of the information, and a voluntary decision that is made without undue influence or coercion.
- **Justice:** Justice includes issues of appropriate allocation of the resources at the right time to patients who need care, Health inequities needs to be addressed to avoid unjust and unfair health outcomes


Member Secretary
Ethics Committee
VSPM's College of Physiotherapy,
Digdoh Hills, Hingna Road,
Nagpur-440019.


Principal
V.S.P.M's College of Physiotherapy,
Digdoh Hills, Hingna Road, Nagpur-440019.



- **Truthfulness or Veracity:** Intents commitment to openness and honesty. Patient care by the physiotherapist should be based on scientific knowledge and must be conveyed to the patient accurate and relevant information truthfully.
- **Solidarity:** It is intents working toward a common social objective to keep people healthy and safe.

The basic principles for research are:

- Research should aim to maximize benefit for individuals and society to minimize risk and harm.
- The rights and dignity and autonomy of individuals and groups should be protected and respected all times.
- Wherever possible, participation should be voluntary and appropriately informed.
- Research should be conducted with integrity and transparency.
- Lines of responsibility and accountability should be clearly defined.
- Independence of research should be maintained and where conflicts of interest cannot be avoided they should be made explicit.
- Informed consent documents (participant information sheet and informed consent form)
- Should carry the specified elements in simple, layman's language.
- Oral consent/ waiver of consent/re-consent may be obtained under certain conditions, after due approval by IEC.
- Written informed consent should be obtained in an informed consent document (ICD) from each participant to protect each individual's freedom of choice.
- Informed consent should be voluntary and be signed by the participant after receiving
- Information, understanding it and discussing with family/friends (if required).
- In case of research involving children, in addition to parental consent should be taken.
- Post-research access and benefit-sharing may be done with individuals, communities and populations, wherever applicable after completion of study. The selection of vulnerable

Shilpa

Member Secretary
Ethics Committee
VSPM's College of Physiotherapy,
Digdoh Hills, Hingna Road,
Nagpur-440019.

Mm

Principal
V.S.P.M's College of Physiotherapy,
Digdoh Hills, Hingna Road, Nagpur-44



- **Truthfulness or Veracity:** Intents commitment to openness and honesty. Patient care by the physiotherapist should be based on scientific knowledge and must be conveyed to the patient accurate and relevant information truthfully.
- **Solidarity:** It is intents working toward a common social objective to keep people healthy and safe.

The basic principles for research are:

- Research should aim to maximize benefit for individuals and society to minimize risk and harm.
- The rights and dignity and autonomy of individuals and groups should be protected and respected all times.
- Wherever possible, participation should be voluntary and appropriately informed.
- Research should be conducted with integrity and transparency.
- Lines of responsibility and accountability should be clearly defined.
- Independence of research should be maintained and where conflicts of interest cannot be avoided they should be made explicit.
- Informed consent documents (participant information sheet and informed consent form)
- Should carry the specified elements in simple, layman's language.
- Oral consent/ waiver of consent/re-consent may be obtained under certain conditions, after due approval by IEC.
- Written informed consent should be obtained in an informed consent document (ICD) from each participant to protect each individual's freedom of choice.
- Informed consent should be voluntary and be signed by the participant after receiving
- Information, understanding it and discussing with family/friends (if required).
- In case of research involving children, in addition to parental consent should be taken.
- Post-research access and benefit-sharing may be done with individuals, communities and populations, wherever applicable after completion of study. The selection of vulnerable

Shilpa

Member Secretary
Ethics Committee
 VSPM's College of Physiotherapy,
 Digdoh Hills, Hingna Road,
 Nagpur-440019.

Nm

Principal
 V.S.P.M's College of Physiotherapy,
 Digdoh Hills, Hingna Road, Nagpur 440019

