

CHAIRMAN'S BLESSING



Shri. Ranjeet Deshmukh

Chairman, VSPM AHE

Education and learning lays the foundation for all students to have a successful career. We must learn to apply this knowledge to overcome real life challenges, personal as well as professional. It gives me immense satisfaction to know that VSPM's college of Physiotherapy students are highly efficient when it comes to patient handling, rehabilitation and Physiotherapy skills.

We have worked hard to ensure our students get world class infrastructure and excellent facilities and healthy working atmosphere with effective learning. I also take this opportunity to place on record my appreciation to Dr. Maneesha Deshpande, Principal and all the staff of VSPM's COP for their untiring efforts to impart highest level of education to all students.

Wish you a successful year ahead.. May the dreams of your past be the reality of your future.

FROM THE DESK OF THE FOUNDER



Shri. Bhausaheb Bhoge

Founder, VSPM AHE

VSPM AHE was started with a vision to provide quality education and healthcare to the rural population. VSPM's College of Physiotherapy began its journey to fulfill the same around 20 years ago. All new ventures face many road blocks in its path. VSPM did much more than passively survive the difficult conditions that face us, we actively grew and thrived, positioning ourselves to do the same in the years to come. We have been shaping up our young generation to become competent, compassionate and dedicated physiotherapists in their future. Patients have been and should continue to be the primary focus of the institute.

Personally I am happy to see the institute growing in right direction to fulfill the vision and mission of VSPM's COP to serve the weaker and under privileged section of our society. I congratulate the editorial team for preparing this annual report for the year 2018-19 which reflects our growth throughout the year and indicates our hard earned present status clearly.

My best wishes to the institute for the bright future.

DIRECTOR'S MESSAGE



Dr. Ashish Deshmukh

Director, VSPM AHE

Annual Report of VSPM's College of Physiotherapy has been a true reflection of growth and progress made by the institute over the years. A lot of dedicated effort goes into making it accurate and comprehensive.

Over last 20 years the institute has evolved as a centre to reckon with for its academic research and extracurricular achievements as well as clinical performance. Nevertheless it is true to mark coming together is a beginning, keeping together is progress, and working together is success. The progress of the institute is a joint effort of all, and with the same bond we will become a globally known institution of high repute in the field of Physiotherapy. I personally extend my heartfelt compliments to the editorial team on their effort in bringing out the report.

All the best.

SECRETARY'S MESSAGE



Shri. Yuvraj D. Chalkhor

Secretary, VSPM AHE

VSPM's College of Physiotherapy, affiliated to Maharashtra University of Health Sciences is also duly recognized by the Indian Association of Physiotherapists (IAP). Providing student centric, community based, and research-oriented education the college aspires to ensure holistic development of the subject.

Physical therapy is concerned with identifying and enhancing quality of life and movement potential within the spheres of promotion, prevention, treatment, habilitation and rehabilitation. It is with this vision that the College of Physiotherapy operates to provide value-based quality education. It is a matter of gratification that the teaching, research and training elements remain progressive and transparent.

Functional movement is central to being healthy. Physiotherapy provides services to individuals to develop maintain and restore maximum movement and functional ability throughout life spans. This means provision of services when movement and function are threatened by ageing, injury, pain, disease, disorders, conditions or environmental factors. College of Physiotherapy helps physiotherapists learn, share, influence and ultimately improve services for patients and communities.

Every year at this juncture, College of Physiotherapy presents its annual reportage through this much awaited publication. I am delighted that all aspects of physiotherapy are being covered by the institution with the aim to place physiotherapists at the core of their medical mission. Also, this branch of medical science takes up the identity and legitimacy of the profession and discipline for a broad range of health care.

I am happy to note that the College has created a scientific temper that is instrumental in shaping and providing direction to physiotherapy. I wish every success for greater awareness and recognition to the different practices undertaken by the Institution in the appropriate applications of physiotherapy.

My best wishes to the devoted faculty for advancing objectives towards holistic understanding of the discipline. I look forward to their sustenance that provides uncommon opportunities for continued contributions in the field of physiotherapy.

FROM THE PRINCIPALS DESK

It gives me a great pleasure to share with you the present status of the blossomed tree of the VSPM College of Physiotherapy, the sapling of which was planted in 1999. I vividly remember as a founder staff (only 2), we started VSPM College of Physiotherapy in 1999. We are thankful to the Chairman, VSPM for his vision, confidence and constant encouragement for the gigantic task of beginning the new college then.

We began on a moderate note with the first batch of just 33 undergraduate students in 1999 and from then never looked back and never had any problem of getting present full intake capacity of 50 undergraduate and more than 20 post-graduate students.

The institute with its reputation not only is the first choice of the UG/PG students but also for new desirous teaching faculty. The department has progressed and successfully complied with the MUHS strict norms of staff selection and teacher-student ratio. I am proud to inform that our VSPM college of PT is one of the very few Physiotherapy colleges in Maharashtra state to have full teaching staff looking after the excellent teaching and state-of-the-art (OPD and Indoor) Physiotherapy care.

The number of patients attending to the department has gradually increased, The availability of various Sub-speciality physiotherapy sections facilitates all round comprehensive physiotherapy matching with the international standards.

When I look back this progress is definitely not an overnight development and as the Principal, I whole heartedly thank the past director, our teaching, clinical and non-teaching staff for their priceless contribution. I profusely thank the timely financial, administrative and encouraging support from the Chairman, Hon. Secretary, Hon. Treasurer and all office bearers of VSPM, without which such glittering success could not have been possible.

Needless to say the best receipt of any teaching institute is the success its students bring. Our undergraduate and post-graduate students are also making us proud for the record passing % in the tough University examinations and bagging prizes in various local, state and national physiotherapy meets and conferences.

Many alumni of our physiotherapy college are placed at various prestigious positions in abroad as well. There are new challenges on the horizon. We want to have more presentations and scientific publications in the national and international journals. I am confident about our dynamic and young teaching faculty who is eager to take our college to newer heights with their tireless efforts.

I congratulate the editorial team for bringing out the detailed annual report of the college in such a short time. I wish you all a happy 2018.



Dr. Maneesha Deshpande
M.Ph.T.

Principal, Professor,
VSPM College of Physiotherapy,

EDITORS



Dr. Harshadeep Kothare

Assistant Professor,
VSPM's College of Physiotherapy,



Dr. Shyam Chaudhari

Assistant Professor,
VSPM's College of Physiotherapy,

We take great pleasure in presenting the Annual Report for 2018-19 of VSPM's college of physiotherapy. This report includes various achievements of students and staff of the college, gives an overview of the teaching learning experience in this campus and highlights our contribution in the field of research and publication that put us on global platform.

We would like to thank the teaching and non teaching staff as well as our students and every person who has contributed in any way towards making this annual report. We would like to add a special note of gratitude to our principal, Dr. Maneesha Deshpande for encouraging us throughout the endeavors. We would also express our gratitude to the Administrative Staff of NKPSIIMS for the timely help and to Mr. Mamilwar (Photo Artist) for providing pictures for the Photo Gallery.

Warm regard,
The Editors

VSPM's COP TEAM

Teaching Staff



(Standing Left to Right) : Dr. Shyam Chaudhari, Dr. Harshadeep Kothare, Dr. Rashmi Mahulkar, Dr. Priyanka Deshmukh, Dr. Pooja Akhtar, Dr. Kartik Shah, Dr. Abhijit Deshmukh.
(Sitting Left to Right) : Dr. Pushpa Rewatkar, Dr. Ruchi Chandra, Dr. Kiran Mendhe, Dr. Rashmi Ronghe, Dr. Maneesha Deshpande, Dr. Y. Praveen Kumar, Dr. Y. Pallavi & Dr. Shilpa Hatewar

Non Teaching Staff



(Standing Left to Right) : Mrs. Kaushalya Meshram, Mrs. Sunanda Ambole, Mrs. Kalabai Badade, Mrs. Kalpana Babhre, Mrs. Meena Nimje, Mrs. Panchfula Uikey.
(Sitting Left to Right) : Mr. Sandeep Naharkar, Mr. Ganesh Ninawe, Mr. R. D. Nakat, Mr. S. A. Yenurkar, Dr. Maneesha S. Deshpande (Principal), Mrs. Mrudula Sharma, Mr. Suresh Ghode, Mr. Nilesh Landge

POST GRADUATE STUDENTS



Standing (Left to Right): Dr. Shivangi Joshi, Dr. Dipti Kolhatkar, Dr. Gargee Ray, Dr. Amruta Sakharwade, Dr. Aachal Kapse, Dr. Vithika Sahu, Dr. Pratiksha Badwaik, Dr. Omkar Pandit, Dr. Charuta Behare, Dr. Amreen Rupani, Dr. Diksha Bawane, Dr. Apeksha Kamble.

P.G. Teachers Sitting (Left to Right): Dr. Abhijit Deshmukh, Dr. Rashmi Ronghe, Dr. Kiran Mendhe, Dr. Y. Praveen Kumar, Dr. Maneesha Deshpande, Dr. Y. Pallavi, Dr. Shilpa Chourasia, Dr. Pushpa Rewatkar,

Sitting (Left to Right Front Row): Dr. Poorva Parkhi, Dr. Reva Jani, Dr. K. Vidya, Dr. Mansi Kashyap, Dr. Prachi Sontakke, Dr. Shreya Sardeshmukh.

PHOTO GALLERY



STUDENTS' ACHIEVEMENTS



Ms. Priyal Lalmani Yadav, a student of VSPM's College of Physiotherapy has secured 1st Rank in the 2nd year B.P.Th. with 78.4% marks and felicitated in the Maharashtra University of Health Sciences, Nashik. She has received Gold Medal and Certificate for the same. She has also received honours in all 5 subjects in the 1st year B.P.Th. She has been outstanding in curricular as well as extra curricular activities throughout her academic years.

STUDENTS' ACHIEVEMENTS



Ms. Anuradha Puniyani
Grabbing 1st Prize at Intercollegiate
Debate Competition "Ex-Tempore"



Ms. Priyal Yadav
Gold Medalist in MUHS



Ms. Anuradha Puniyani
Grabbing 1st Prize at Intercollegiate
Debate Competition at NKPSIIMS



Ms. Aditi Gupte securing
2nd Rank in
MUHS University Exam



Ms. Aboli Gawande
securing 2nd Rank in
MUHS University Exam



Students getting honors in MUHS Exam



Ms. Radha Mundle Securing Prize in MUHS State Level Sports Event



JANUARY' 18

CONTINUING PHYSIOTHERAPY EDUCATION

Topic : Nutrition matters

Faculty : Dr. Renuka Mainde

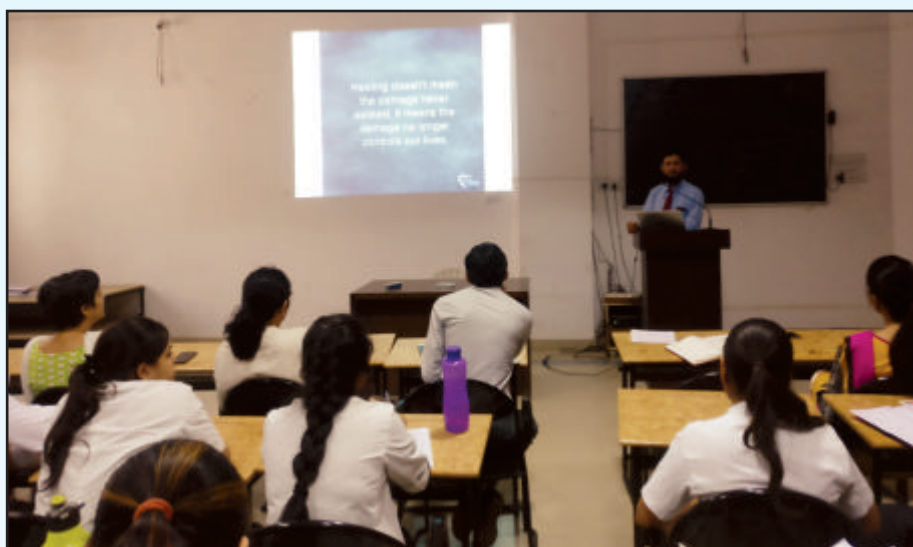


CONTINUING PHYSIOTHERAPY EDUCATION

FEBRUARY' 18

Topic : Physiotherapy Concerns in Patients with orthopedic implants

Faculty : Dr. M. Faizan



MARCH' 18

CONTINUING PHYSIOTHERAPY EDUCATION

**Topic : Physiotherapy concerns while
treating patients in ICU**

Faculty : Dr. Rajan Barokar



CONTINUING PHYSIOTHERAPY EDUCATION

APRIL' 18

Topic : Neuro Developmental Techniques

Faculty : Dr. Bhagyashree Deo



JUNE' 18

CONTINUING PHYSIOTHERAPY EDUCATION

Topic : Differences between Exercises and Yoga

Faculty : Dr. Dinesh Bapat



CONTINUING PHYSIOTHERAPY EDUCATION

JULY' 18

Topic : Physiotherapy Approaches in Pregnancy

Faculty : Dr. Barkha Nagpal



AUGUST' 18

CONTINUING PHYSIOTHERAPY EDUCATION

Topic : Management of RC injury: Arthroscopy Vs Open procedure, Guideline for Physiotherapists

Faculty : Dr. Ashaya Kekatpure



CONTINUING PHYSIOTHERAPY EDUCATION

SEPTEMBER' 18

Topic : Practical Strategies to improve Gait in children with neuromuscular disorders

Faculty : Dr. Meenakshi Wankhede



DECEMBER' 18

CONTINUING PHYSIOTHERAPY EDUCATION

Topic : Interpretation of Radiographs from Physiotherapists' Perspective

Faculty : Dr. Prabhu



OUTREACH ACTIVITIES



World Physiotherapy Day (8th Sept. 2018)



International Yoga Day (21st June 2018)

OUTREACH ACTIVITIES



MUHS Flag Day



Camp at Saraswati Vidyalaya



ACADEMIC EVENTS

MUHS Workshop **"Resident as Teacher"** 2 Days Basic Workshop in Educational Technology (7th & 8th March 2018)



ACADEMIC EVENTS



Dr. Maneesha Deshpande delivering lecture on occasion of World Physiotherapy Day at Priyadrshini Engineering College, Nagpur



Dr. Rashmi Mahulkar : Role of Physiotherapy in Post Natal Care- Breast feeding week at NKPSIMS, 1-7 Aug 2018



Dr. Kartik : Role of Physiotherapy in Reducing work related musculoskeletal disorders among dentists at VSPMs DCRC, Nagpur on 27th Dec 2018



Dr. Y. Pallavi participating in activity of Women's Cell of IAP "Ergonomics & Beyond Ergonomics" : 5th Aug 2018



Dr. Kiran Mendhe : Hand Hygiene for Kinder Garden students at School Of Scholars, Pratap Nagar, Nagpur on 06/10/2018



Dr. Pooja Akhtar : Early Mobilization in Burns, at NKPSIMS on occasion of National Plastic surgery day on 14 July 2018

ROTRACT CLUB OF VSPM's COP

Installation Of Rotract Club Of Vspm's Cop

(15th October 2018)



ROTRACT CLUB OF VSPM's COP

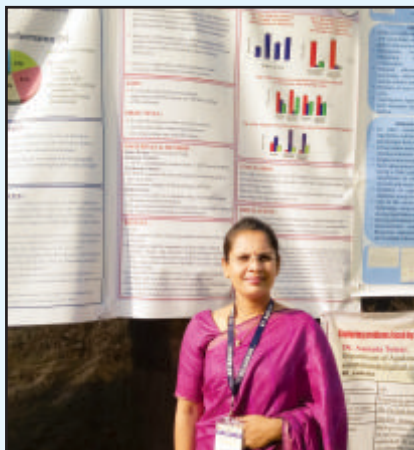
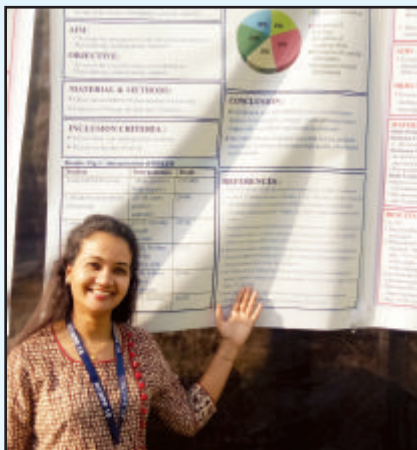
Activities Of Rotract Club Of Vspm's Cop



Sweaters and Blankets Donation to needy children

NCHPE 2018

Scientific Presentations from VSPM's COP Staff at NCPHE 2018 NKPSIMS (15-17 Nov 2018)



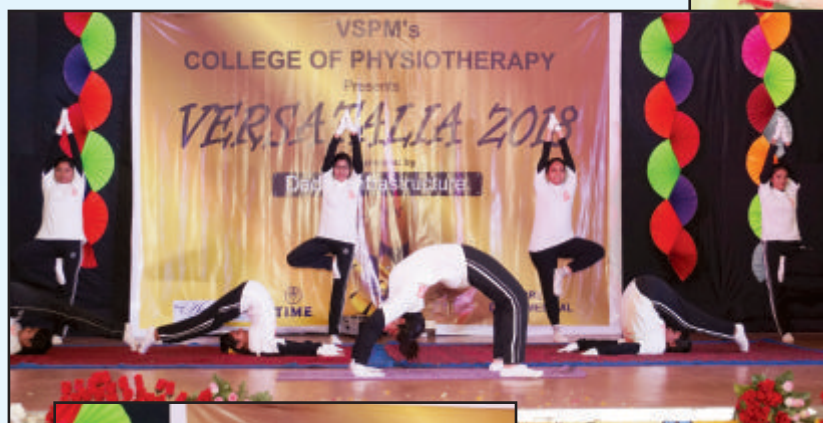
WORLD CP DAY 2018



**Celebration of World Cerebral Palsy Day
by Neurosciences Department
on 17 October 18**



VERSATALIA 2018



VERSATALIA 2018

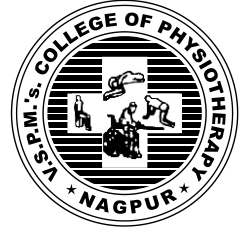


VERSATALIA 2018



REPUBLIC DAY 2018





Annual Report 2018 - 2019

VSPM's College of Physiotherapy

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Vidya Shikshan Prasarak Mandal Academy Of Higher Education

BOARD OF DIRECTORS

Honourable Shri. Ranjeet Arvindbabu Deshmukh	-	Chairman
Honourable Dr. Subhash Bhaskarrao Deshmukh	-	Vice Chairman
Honourable Shri. Yuvraj Daulatrao Chalkhor	-	Secretary
Honourable Shri. Sudhir Chandrashekhar Deshmukh	-	Treasurer
Honourable Shri. Dinkar Yashwantrao Raut	-	Joint Secretary
Honourable Dr. Kumar Natrajan	-	Joint Secretary
Honourable Shri. Dilip Jaywantrao Bhagde	-	Member
Honourable Shri. Anil Sampatlal Parakh	-	Member
Honourable Shri. Suresh Marotrao Bandre	-	Member
Honourable Shri. Prakash Mahadeorao Makampure	-	Member
Honourable Adv. Chandrashekhar Kashiramji Barethia	-	Member

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VSPM's AHE

"My notion of democracy is that the weakest should have the same opportunity as the strongest" - Mahatma Gandhi

India its teeming multitudes is a land of variation.

At one end of spectrum, it is poised to lead the world in software, boast of the largest metropolitan urban centres and the richest individuals.

On the other end of this spectrum is 70% of its rural population, with probably the lowest literacy and income levels in the world.

It is this weakest link in this world's largest democracy that Mahatma Gandhi wanted benefits of development to reach. He understood that the nation could become strong only by strengthening its weakest link.

VSPM Academy of Higher Education, Nagpur has made this objective its mission. Since its very inception in 1971, it has untiringly toiled among the most backward regions and the least privileged to provide them the opportunity to become self reliant. Its focus has been extremely clear. It has emphasized on education, social upliftment and the removal of social evils.

The results of the last three decades of efforts has been the setting-up of 55 quality education institutions right from the pre primary schools to medical college, setting up of social institutions for the backward and women and innumerable programmes for removal of social evils.

VSPM Academy of Higher Education has a clear vision and is committed to its mission.

Vision

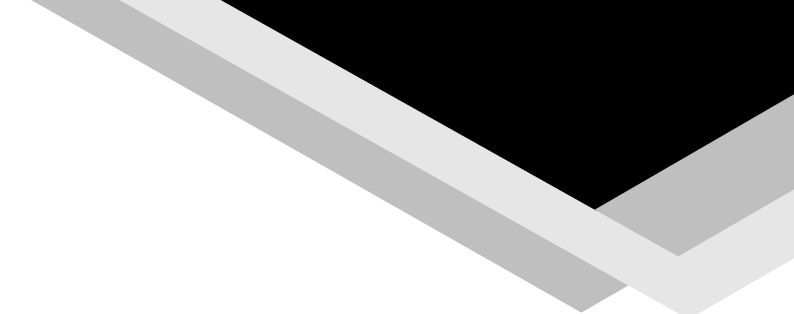
A society made strong from roots upwards. a society in which every individual has an opportunity to learn , contribute and partake the fruit of global development. A society that has the awareness to shed its ills and need harmonious existence with its various entities and the environment."

Mission

To transfer the society through education and awareness ensuring that every human being even in the remotest hinterland has the opportunity to the highest level of excellence ."

The Trust - A Historical Perspective

Founded by Dr. Bhausaheb Bhoge , a dedicated social worker , in the year 1971 with a mission the VSPM Academy of Higher Education, Nagpur (Formerly - Vidya Shikshan Prasarak Mandal) is a registered trust under the Indian Societies Registration Act 1860 and also under Bombay Public Trust Act 1950. Late Padmashree Kamlatai Hospet, a lady social worker, was its first president. Since 1981 Shree Ranjeet Deshmukh is the president of the trust.



The institution with philosophy of recognizing education has one of the pious obligations. It aims to promote unity and brotherhood, setting-up of institutions, imparting education in various faculties, opening higher education centres, child education, professional training, centres of excellence, promotion of cooperative movement in various industrial and non industrial programmes with particular emphasis on child, women, family welfare, adult education, fight against social - cultural evils and create awareness towards progress amongst people who are rural base and who are the last link of the nation. This includes programmes for people who are below poverty line.

THE TRUST - TODAY

VSPM AHE is managed by prominent citizens known for their commitment to the cause of less privileged and representing various facets of social life, led by visionary Mr. Ranjeet Deshmukh who looked in his fledgling form and made it the unparalleled powerhouse of education and social work. It boasts of a 55 institutions including primary schools, middle college, training college for teachers, a management institute, a nursing college, a dental college, hostels for backward students and even a large multispecialty hospital. Over 1,00,000 students have benefited from the various institutions of the trust and more than 15,000 students are enrolled in these institutions in an academic year.

VSPM's COP

VSPM's College of Physiotherapy has continued evolving from a small clinical setup, at LMH (Buldi) in the year 1990, to a present well equipped institution..

VSPM's College of physiotherapy was started in the year 1999 with the support and encouragement of Hon'ble Chairman Shri. Ranjeet Deshmukh and founder Shri. Bhausaheb Bhoge. Dr Mangala Deshpande, Director and Dr.Maneesha Deshpande were the founder staff members. The college got undergraduate approval in August 1999 with 33 students and had 100% result in 1st year BPTTh.

VSPM's College of Physiotherapy has attained a prestigious status due to the personal interest and strenuous efforts taken by the committed team of office bearers.

Presently the college has an intake of 50 undergraduate as well as 21 post graduate students per year, 16 MUHS approved teaching staff and well-equipped Kinesiotherapy, Electrotherapy, Musculoskeletal, Neurosciences, Cardio-Respiratory and Community based rehabilitation Labs.

VSPM's College of Physiotherapy is the only Physiotherapy College in Vidarbha region running the PhD course.

The college also bears Special Investigation Apparatus like Gait and Motion analysis lab, EMG-NCV studies, Power lab for exercise testing and VO2 analysis, Pulmonary function testing, Exercise testing for Cardio-Respiratory endurance, Advanced Combination electrotherapy modalities and Laser therapy.

The institute serves to provide specialized clinical facilities like wound healing, pain management, obesity management, physiotherapy management in traumatic and non-traumatic musculoskeletal conditions, adult and paediatric conditions, women's health, geriatrics and community based rehabilitation.

The institute also runs peripheral outreach centres at Jaitala and Katol, Nagpur, and in-house physiotherapy services at Geriatrics rehabilitation at Panchwati and Matoshree (adasa) and Rehabilitation for specially able children at Government centres (DDRC). The institute also has MOUs with various industrial sectors and companies for industrial rehab.

The College was one among the first institutions to undergo for Impact Assessment from MUHS, Nashik on 11/04/2018. The college scored 557.44 out of 600 in part A and in part B 634 out of 1000 and earned GRADE "A".

The college has a future plan of starting specialty practices like Parkinson's club, Stroke club, Sports rehabilitation, Cerebral palsy club.

VSPM's College of Physiotherapy also started "Recruitment Drive" Program since the last year, where the passed out students have got placements at various places.

VSPM's COP believes in clinical and academic excellence as well as personal mentoring of students to prepare them to achieve great height in becoming skillful clinicians and ideal professionals in future to serve humanity.

TEACHING STAFF

S.N.	Name of the Staff	Designation
1	Dr. Maneesha S. Deshpande	Principal- Professor
2	Dr. Y Praveen Kumar	Professor
3	Dr. Y Pallavi	Professor
4	Dr. Pushpa R. Dhote (Rewatkar)	Professor
5	Dr. Shilpa Chourasia (Hatewar)	Professor
6	Dr. K Sanil	Associate Professor
7	Dr. Rashmi N. Ronghe (Bhoyar)	Associate Professor
8	Dr. Neha Gotmare	Associate Professor
9	Dr. Kiran Mendhe (Janbandhu)	Assistant Professor
10	Dr. Ruchi Chandra	Assistant Professor
11	Dr. Abhijeet A. Deshmukh	Assistant Professor
12	Dr. Pooja M. Akhtar	Assistant Professor
13	Dr. Rashmi R. Mahulkar	Assistant Professor
14	Dr. Harshadeep G. Kothare	Assistant Professor
15	Dr. Kartik Shah	Assistant Professor
16	Dr. Priyanka Deshmukh	Assistant Professor
17	Dr. Shyam Chaudhari	Assistant Professor

NON TEACHING STAFF OF VSPM COP

S.N.	Name of the Staff	Designation
1	Mr. M. G. Potdar	Jr. Technician
2	Mr. S. A. Yenurkar	Clerk
3	Mrs. K. B. Ingale (Naik)	Clerk
4	Mr. Suresh Ghode	Registration Assistant
5	Mr. Sandeep Naharkar	Computer operator
6	Mr. R. D. Nakat	Sports Trainer
7	Mrs. Kalpana Babhre	Lab Attendant
8	Mrs. Kalabai Badade	Lab Attendant
9	Mrs. Kaushalya Meshram	Lab Attendant
10	Mrs. Meena Nimje	Lab Attendant
11	Mrs. Nilesh Landge	Peon
12	Mrs. Panchafula Uikey	Peon
13	Mrs. Sunanda Ambole	Sweeper
14	Smt. Kantabai Chauhan	Sweeper

PG TEACHERS

S.N.	Subject	Name	Designation
1	PT in Neurosciences	Dr. Maneesha S. Deshpande Dr. Pushpa N. Dhote (Rewatkar) Dr. Abhijeet A. Deshmukh	Principal- Professor Professor Assistant Professor
2	PT in Cardiovascular and Respiratory Sciences	Dr. Y Praveen Kumar Dr. Rashmi N. Ronghe (Bhoyar) Dr. Pooja M. Akhtar Dr. Harshadeep G. Kothare	Professor Associate Professor Assistant Professor Assistant Professor
3	PT in Musculoskeletal Sciences	Dr. Shilpa Hatewar (Chourasia) Dr. K Sanil Dr. Kiran Mendhe (Janbandhu)	Professor Associate Professor Assistant Professor
4	PT in Community	Dr. Y Pallavi	Professor

PH.D. GUIDES

Name	Designation
Dr. Y Praveen Kumar	Professor
Dr. Mangala Deshpande	Professor

COMMITTEES

S.N.	NAME OF COMMITTEES	NAME OF COMMITTEE MEMBERS
1	PH.D COORDINATOR	DR. Y. PRAVEEN KUMAR
2	P.G. COORDINATOR	DR. Y. PALLAVI
3	ETHICAL COMMITTEE	CHAIRMAN : DR. NEETA BHAVE MEMBER SECRETARY : DR. SHILPA CHOURASIA (HATEWAR) MEMBER: DR. PUSHPA DHOTE (REWATKAR) DR. SHUBADA GADE DR. NEELIMA SAOJI ADV. AVANTI DESHPANDE (LEGAL ADVISOR) DR. MINAL KULKARNI (REASERCH ADVISER) MR. NAYSE (STATISTICIAN) MRS. SUNITA RAMTEKKAR (MSW) MR. DINESH MANKAR (LAYMAN)
4	UNIVERSITY EXAMINATION CELL	CHAIRMAN: DR. MANEESHA S DESHPANDE U.G. COORDINATOR: DR. HARSHADIP KOTHARE U.G. ADMINISTRATIVE STAFF: MR. M. G. POTDAR P.G. COORDINATOR: DR. A. DESHMUKH P.G ADMINISTRATIVE STAFF: MR. SHRIRAM YENURKAR VEHICLE & ACCOMODATION COIRDINATOR: MR. SURESH GHODE
5	RESEARCH & SCINTIFIC SOCIETY	CHAIRMAN : DR. MANEESHA DESHPANDE MEMBER: DR. Y. PRAVEEN KUMAR DR. Y. PALLAVI DR. KIRAN MENDHE
6	ANTI RAGGING COMMITTEE	CHAIRMAN: DR. MANEESHA S. DESHPANDE MEMBER: DR. Y. PRAVEEN KUMAR DR. Y. PALLAVI DR. KARTIK. S. MR. M. G. POTDAR

COMMITTEES

7	COLLEGE GRIEVANCE COMMITTEE	CHAIRMAN: DR. MANEESHA S. DESHPANDE MEMBER: DR. Y. PRAVEEN KUMAR DR. Y. PALLAVI DR. PUSHPA DHOTE (REWATKAR)
8	HOSTEL COMMITTEE (U.G. & P.G. BOYS)	DR. SHYAM CHAUDHARI MR. SHRIRAM YENURKAR
9	HOSTEL COMMITTEE (U.G. & P.G. GIRLS)	DR. POOJA AKHTAR DR. RASHMI MAHULKAR DR. PRIYANKA DESHMUKH
10	PHYSIOTHERAPY COLLEGE CAMPUS (COORDINATION, SUPERVISION OF NON-TEACHING STAFF FOR MAINTENANCE ETC.)	CHAIRMAN: DR. MANEESHA S. DESHPANDE MEMBER : DR. RASHMI RONGHE DR. RASHMI MAHULKAR DR. KARTIK SHAH
11	SPORTS & CULTURAL	CHAIRMAN: DR. MANEESHA S. DESHPANDE SPORTS MEMBER: DR. POOJA AKHTAR, DR. RASHMI MAHULKAR DR. SHYAM CHAUDHARI CULTURAL MEMBER: DR. RASHMI RONGHE DR. A. DESHMUKH DR. NEHA GOTMARE
12	WORKSHOP SEMINAR, CONFERENCE OTHER THAN MET	DR. SHILPA CHOURASIA (HATEWAR) DR. RASHMI RONGHE DR. POOJA AKHTAR DR. A. DESHMUKH DR. RASHMI MAHULKAR
13	RESEARCH & MET COORDINATOR	DR. Y. PRAVEEN KUMAR

RESEARCH ADVISORY COMMITTEE

S.N.	NAME	DESIGNATION
1)	Dr. SURESH CHARI	Professor, PhD guide & MET I/C, NKPSIMS & RC Nagpur.
2)	Dr. M. A. AKHTAR	Prof. HOD. & PhD Guide Department of Surgery.
3)	Dr. AJIT SAOJI	Prof. HOD & PhD guide Department of Community Medicine.
4)	Dr. SURESH UGHADE	Research Methodology Specialist.

S.N.	NAME OF COMMITTEES	NAME OF COMMITTEE MEMBERS
1	ENVIRONMENTAL HEALTH SAFETY COMMITTEE	CHAIRMAN: Dr. KAJAL MITRA, DEAN CHIEF COORDINATOR: Mr. SANJAY JOG, COO COORDINATOR: Dr. VILAS R. THOMBARE, VICE DEAN COORDINATOR: Dr. MILIND BHURSHUNDI, MS SPECIAL INVITEE: Dr. SURESH CHARI, DIRECTOR, IQAC MEMBERS: <ol style="list-style-type: none"> NEENA NAGDEO, ASSO. PROF & HOD, MICROBIOLOGY. Mr. R. L. SHARMA, FIRE SAFETY OFFICER Mr. D. H. SINGH, CONSULTANT, RATION SAFETY Mr. SACHIN R. DHOTE, EXE. ENG. CIVIL DEPT. Mr. HEMANT GHODE, ELEC. ENG. Mr. PANKAJ ZUNZARKAR, ELEC. ENG. Mr. LAXMAN BALPANDE, GARDEN DEPT. Mr. KUMAR BUCHE, IT INCHARGE Dr. MANISHA CHOWDHARY, AO, LMH Mr. VVKK SHARMA, HR MANAGER Mr. CHETAN DESHMUKH, AO DCRC Mr. DEEPAK SABLE, AO, NURSING COLLEGE Mrs. KIRAN INGALE, PHYSIOTHERAPY COLLEGE
2	PHYSIOTHERAPY COLLEGE PURCHASE COMMITTEE	PRESIDENT: Dr. MANEESHA S. DESHPANDE (PRINCIPAL -PROFESSOR) MEMBER SECRETARY: Dr. RASHMI RONGHE MEMBER: <ol style="list-style-type: none"> Dr. HARSHADEEP KOTHARE (ASST. PROFFESOR) Mr. HARPREET SINGH (ASST. ACC. MANAGER) Mr. Sashi Kumar (PURCHASE OFFICER)

RESEARCH ADVISORY COMMITTEE

S.N.	NAME OF COMMITTEES	NAME OF COMMITTEE MEMBERS
3	ANTI RAGGING COMMITTEE	<p>PRINCIPAL: Dr. MANEESHA S. DESHPANDE</p> <p>REPRESENTATIVE OF CIVIL ADMINISTRATION: THE TAHSHILDAR, HINGNA NAGPUR</p> <p>REPRESENTATIVE OF POLICEL ADMINISTRATION: INCHARGE, POLICE STATION, MIDC, HINGNA ROAD, NAGPUR</p> <p>REPRESENTATIVE OF LOCAL MEDIA: Mr. VIKAS VAIDYA</p> <p>REPRESENTATIVE OF NGO: Mr. DEEPAK MINARIA, COFOUNDER (ONE FOUNDATION)</p> <p>FACULTY REPRESENTATIVE: Dr. Y. PRAVEEN KUMAR Dr. Y. PALLAVI Dr. KARTIK S.</p> <p>BOYS HOSTEL: Mr. AMIT MAHAJAN</p> <p>GIRLS HOSTEL: Mrs. CHANDA SINGH</p> <p>ADMINISTRATIOVE OFFICER: Mr. M. G. POTDAR</p> <p>REPRESENTATIVE OF NON-TEACHING STAFF MEMBER: Mr. SHRIRAM YENURKAR</p> <p>STUDENTS REPRESENTATIVE: Miss Radha Mundle</p>
4	WOMEN'S COMPLAINTS COMMITTEE	<p>PATRON: Mrs. RUPATAI DESHMUKH</p> <p>PRINCIPAL: Dr. MANEESHA S. DESHPANDE</p> <p>NGO: Dr. BHAVWANA HASTAK</p> <p>MEMBER: Dr. SHILPA CHOURASIA (HATEWAR) Dr. PUSHPA DHOTE Dr. KARTIK</p>

BOARD OF RESEARCH STUDIES

S.N.	BORS Post	DESIGNATION	NAME OF FACULTY
1.	Chairman	Principal	Dr. M.S. Deshpande
2.	Member (Research Expert)	Professor	Dr. Y. Praveen Kumar
3.	Subject Experts		
	A. Member & Subject Expert (Neuro Physiotherapy)	Associate Professor	Dr. Pushpa Dhote (Rewatkar)
	B. Member & Subject Expert (Cardiovascular & Respiratory Physiotherapy)	Associate Professor	Dr. Rashmi Ronghe
	C. Member & Subject Expert (Community Physiotherapy)	Associate Professor	Dr. Y. Pallavi
	D. Member & Subject Expert (Musculoskeletal Physiotherapy)	Associate Professor	Dr. Shilpa Chourasia

UNIVERSITY COMMITTEE MEMBERS

S.N.	MEMBERSHIP	NAME OF COMMITTEE MEMBERS
1.	SENETE MEMBER	DR. MANEESHA S. DESHPANDE
2.	MEMBERS, BOS IN PHYSIOTHERAPY AND OCCUPATIONAL THERAPY (U.G.):	A) DR. Y. PRAVEEN KUMAR. B) DR. Y. PALLAVI

STUDENT ACHIEVERS

UG RESULTS

Summer 2018
BPTH 2012 Batch

Sr. No	Appeared	Passed	Result (%)
I BPTH	65	40	61.53
II BPTH	61	35	57.37
III BPTH	41	29	70.73
IV BPTH	30	26	86.66

HONOURS

Summer 2018 : 1st BPTH

Anatomy	Physiology	Biochemistry	Fundamentals of Exercise Therapy	Fundamentals of Electrotherapy
Radhika Bhaiya	Radhika Bhaiya	Radhika Bhaiya	Radhika Bhaiya	Radhika Bhaiya
Krupa Mehta	Krupa Mehta	Krupa Mehta	Krupa Mehta	Krupa Mehta
Payal Ramteke	Payal Ramteke	Payal Ramteke	Nafisa City	Payal Ramteke
Akansha Khathod	Akansha Khathod	Nafisa City	Gautami Patel	Shiwani Shiwankar
Nafisa City	Nafisa City	Radha Mundle		Vanshika Nabira
Radha Mundle		Gautami Patel		
Sambhav Singhavi		Mrunal Shende		
Mrunal Shende				
Samiksha Hemke				

Summer 2018 2nd year

Pharmacology	Patho-Microbiology	Psychology-Psychiatry	Kinesiology	Kinesio-therapy	Electro-therapy
Khushboo Pakhrani	Khushboo Pakhrani	Shruti Godbole	Sharon Anthony	Khushboo Pakhrani	Khushboo Pakhrani
Jaya Pathak			Jaya Pathak	Sharon Anthony	Priyanka Chitale
Urja Tahalramani			Pranay Bhad	Shruti Godbole	Divyashri Radhakrishnan
Pranjali Dwivedi				Vijayshree Jangade	
				Hetal Kamani	
				Pranjali Dwivedi	

Summer 2018 3rd year

Surgery 1	Surgery 2	FDPS
Priyal Yadav	Puva Parkhi	Priyal Yadav
	Manmeet Kaur	Khusboo Kamble

Summer 2018 (4th year)

Musculoskeletal Sciences	Cardiorespiratory Sciences
Sayali Sontakke	Chanakya Patil

PG RESULTS**SUMMER - 2018 (MPTh)**

Specialty	Appeared	Passed	% Passing
PT in Musculoskeletal Sciences	01	01	100%
PT in Neurosciences	02	02	100%
PT in Cardiovascular and Respiratory Sciences	02	02	100%
PT in Community	02	02	100%

WINTER -2018 (MPT - I)

Specialty	Appeared	Passed	% Passing
PT in Musculoskeletal Sciences	05	04	80%
PT in Neurosciences	09	08	88.88%
PT in Cardiovascular and Respiratory Sciences	04	04	100%
PT in Community	02	02	100%

WINTER - 2018 (MPT- II)

Specialty	Appeared	Passed	% Passing
PT in Musculoskeletal Sciences	06	06	100%
PT in Neurosciences	02	02	100%
PT in Cardiovascular and Respiratory Sciences	04	04	100%
PT in Community	02	02	100%

ACADEMIC ACHIEVEMENTS

PUBLICATIONS

SN	Title	Author(s)	Journal	Publication month & Year
1	Comparison of Peak Expiratory flow rate in Biomass and LPG cooking fuel users and its association with exposure index in Indian rural women.	Dr. M.S. Deshpande Dr. Rashmi Ronghe Dr. Alina Ghadole Dr. Diksha Bawne Dr. Vaishnavi Ballal Dr. Neha Gotmare	Souvenir, National conference of occupational health hazards & holistic management	January 2018
2	A study on professional stress and risk for depression among I.T. professionals.	Dr. Pushpa Rewatkar Dr. Maneesha Deshpande	Souvenir, National conference of occupational health hazards & holistic management	January 2018
3	Relationship of Athletic performance with balance and core muscle strength in roller speed skaters.	Dr. Pooja M. Akhtar Dr. Vishwal Padole	European Journal of Biomedical and Pharmaceutical Sciences	April 2018
4	Measurement of walking speed in Indian community dwelling chronic stroke patients with 3D motion analyser : A Descriptive study	Dr. Y Pallavi Dr. A.Tahoor Dr. Y. Praveen Kumar Dr. B.Pujari	Indian journal of physiotherapy & occupational therapy	April 2018
5	Immediate effects of transverse thoracic mobilization in patients with primary complaint of mechanical neck pain	Dr. Kiran Mendhe Dr. Pushpa Rewatkar Dr. Pooja Agrawal Dr. Poorveshree Chandak	International journal of recent scientific research	April 2018
6	Hourly Supervised Physiotherapy treatment and dynamic splinting of elbow contracture in a 30% mixed burn- A case study.	Dr. Pooja M. Akhtar Dr. Amishi Gupta	International Journal of Health sciences and research	May 2018

ACADEMIC ACHIEVEMENTS

PUBLICATIONS

SN	Title	Author(s)	Journal	Publication month & Year
7	The Relationship between trigger point and muscle strength in dominant upper extremity in exam appearing undergraduate physiotherapy students	Dr. Kiran Mendhe Dr. Shilpa Chourasia Dr. Pushpa Dhote Dr. Amishi Gupta Dr. Pratiksha Balwaik Dr. Amirita Sakharwade	European Journal of Pharmaceutical and Medical Research	May 2018
8	Prevalence of urinary incontinence in type-2 Diabetic Females aged 20-45 years: Across sectional study	Dr. Shilpa Chourasia Dr. Ashlesha Pandhre Dr. Nitya Mudliyar	International journal of recent scientific research	May 2018
9	Mental health, sleep and quality of life in patients with chronic obstructive pulmonary disease: a correlation study.	Dr. Pooja M. Akhtar Dr. Sujata Yardi Dr. B.O. Tayade Dr. Mayuri Pathak Dr. Bhargavi Saraf	International Journal of research in Medical Sciences	June 2018
10	Effect of Ergonomic education and training on self reported musculoskeletal pain workstation habits and psychological well being in computer users.	Dr. Pooja M. Akhtar Dr. Mansi Kashyap	International journal of Medical Science and Innovative Research	August 2018
11	Correlation of generalized joint hypermobility and selective joint hypermobility with physical activity in school going children of age 6 to 12 years	Dr. Abhijeet A. Deshmukh Dr. Ruchi Humne	Panacea journal of medical sciences	August 2018
12	Comparison of Aerobic capacity and current levels of Physical activity in Yoga practitioners in healthy non-exercising individuals.	Dr. Pooja M. Akhtar Dr. Aryaa Bhusari Dr. Murtaza Akhtar	Journal of Yoga and Physiotherapy	September 2018

ACADEMIC ACHIEVEMENTS

PUBLICATIONS

SN	Title	Author(s)	Journal	Publication month & Year
13	Impact Assessment: Perception of physiotherapy faculties: A pilot study	Dr. Y. Praveen Kumar Dr. Y Pallavi Praveen Kumar	Journal of education technology in health science	November 2018
14	Effect of Indian Classical Dance Kathak on diagnosed cases of ADHD coming to a tertiary hospital setup in rural area.	Dr. Maneesha Deshpande Dr. Mrunmayee Joshi Dr. Chaitali Thakkar	Indian Journal of applied research	January 2019

ACADEMIC ACHIEVEMENTS

PAPER PRESENTATIONS

SN	Title	Author(s)	Venue / Event	Month & Year
1	Impact assessment perception of physiotherapy faculty: A pilot study	Dr. Y. Praveen Kumar Dr. Y Pallavi	NCHPE 2018	15-17 Nov 2018
2	Perception of educational environment in physiotherapy undergraduate students.	Dr Priyanka Deshmukh	NCHPE 2018	15-17 Nov 2018
3	Comparison of efficacy of simulated case versus skill demonstration as a short case in final year B.P.Th. practical examination: The teacher-based survey.	Dr. Shyam Chaudhari Dr. Rashmi Mahulkar	NCHPE 2018	15-17 Nov 2018
4	Should there be separate weightage to be given to journal submission for B.P.Th. students in university examination": A cross-sectional study on student's perception.	Dr. Rashmi Mahulkar Dr. Shyam Chaudhari	NCHPE 2018	15-17 Nov 2018
5	Interest of undergraduate physiotherapy students in research a cross sectional survey.	Dr. Pooja Akhtar	NCHPE 2018	15-17 Nov 2018

Workshops/ Seminars conducted as faculty :

Dr. Maneesha S. Deshpande

1. MUHS resident as teacher : 7th & 8th March 2018
2. NCPHE - Developing & Sustaining effective interprofessional & intersectoral collaborations : The "Must Know" for an Indian Health Profession educator 15-17 Nov 2018
3. Radio program on "Gait Analysis and footwear correction" at Akashwani's Arogyam Dhanasampada.

Dr. Y Praveen

1. Cardio physiotherapy update: 1st February 2018 Swangi (M) Wardha .
2. MUHS resident as teacher : 7th & 8th March 2018
3. Impact assessment challenges, NKPSIMS, Nagpur
4. Carrier guidance in physiotherapy : 14 th August 2018 ,RNPC Swangi (M) Wardha
5. Induction program for physiotherapists : Oct 2018 RNPC Swangi (M) Wardha
6. Impact assessment challenges , VSPM College of Nursing

Dr. Y. Pallavi

1. MUHS resident as teacher : 7th & 8th March 2018
2. WOMENS CELL IAP : ERGONOMICS & BEYOND ERGONOMICS : 5TH AUG 2018

Dr. Kartik

Role of Physiotherapy in Reducing work related musculoskeletal disorders among dentists. VSPM Interdepartmental Scientific activity (VISA) at VSPMs Dental College and Research centre Nagpur on 27th Dec 2018.

Dr. Rashmi M.

Role of Physiotherapy in Post Natal Care- Brest feeding week at NKPSIMS, 1-7 Aug 2018

Dr. Kiran Mendhe

Hand Hygiene for Kinder Garden students, at School Of Scholars, Pratap Nagar, Nagpur on 06/10/2018

Dr. Abhijeet A. Deshmukh

Chest Diseases & Role of PT, Talk in Akashvani, Nagpur on 14 & 15 Dec-18

Dr. Pooja Akhtar

Early Mobilization in Burns, at NKPSIMS on occasion of National Plastic surgery day on 14 July 2018.



MOUs

- 1) MOU with Spacewood office solutions Private limited, MIDC Buttibori was entered on 27/072018 for Occupational related hazards, work site analysis and work hardening program and for ergonomic designing.
- 2) MOU with Raghukul Construction Pvt. Ltd., for work site analysis and work hardening program.
- 3) MOU with G.H. Rasoni College of Engineering was entered on 06/04/2018 for Research Extension Activities.
- 4) MOU with MPRC & your Physio Nagpur for conduct of campus interviews.

