



# V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

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## PLASTIC FREE LUNCH DAY

Date of activity: 9<sup>th</sup> May, 2022

Venue: VSPM's College Of Physiotherapy

Plastic free lunch day was organised on 9<sup>th</sup> of May. Students and teachers were requested to bring their lunches in such a way that it should not contain any kind of plastic. For this, everyone avoided plastic lunch boxes, plastic water bottles, packaged food items and plastic carry bags. Awareness was spread among everyone to reduce the use of plastic as much as possible. Students were made aware about the idea of being the part of the solution and not the pollution.



*Muspar*

PRINCIPAL

VSPM's College of Physiotherapy