

## V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

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Ref.: \_\_\_\_ Date:

Date:10.10.2020

## Minutes of meeting

An informative webinar on Mental Health Awareness was delivered by Dr. Sudhir Bhave on 9.10.2020 for all Physiotherapy students and staff. Total 14 students attended the lecture. Dr. Sudhir Bhave focussed on importance of Mental Health and stress management in the times of COVID-19 pandemic. He made the session more interesting and understandable with the help of a power point presentation.

Students appreciated lecture and asked few questions to the guest speaker Dr. Sudhir Bhave regarding stress management in times COVID-19 pandemic. He replied with good stress management strategies and ways to deal with anxiety and stress during the pandemic.

Principal

Principal V.S.P.M's College of Physiotherapy, Digdoh Hills, Hingna Road, Nagpur-19



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Ref. : \_\_\_\_\_\_

Date:14.8.2020

## Minutes of meeting

An essay and poster competition were conducted on 13.08.2020 for Physiotherapy students. From Physiotherapy college undergraduate and post graduate students took part in the competition. Theme of the event was Organ donation. Emphasis was made on the importance of Organ donation and why everyone should go for it.

Students enjoyed making posters and essays. Competition not only encouraged the art but also enriched good values in the students.



Principal

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V.S.P.M's College of Physiotherapy,
Digdoh Hills, Hingna Road, Naggarag