



V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

OFFICE : DIGDOH HILLS, HINGNA ROAD, NAGPUR - 440 019. ☎ : 07104 - 244290, 244291, 665000
E-mail : vspmscop@gmail.com Fax No.: (07104) 232905

List of NSS Activities 2022

Sr. No.	Activity	Date
01.	Poshan Pandharwada 1. Guest lecture: Diet and health conditions to watch for, as you age” 2. Recipe Competition: Nutrition fusion recipe for adults	04/04/2022
02.	Celebration of Dr. Babasaheb Ambedkar Jayanti	14/04/2022
03.	Marathi Vyakyaan: “Amrutahuni goad Mazi Marathi”	06/05/2022
04.	International Day of Yoga (IDY) Activity: Demonstration: Common Yoga Protocol	14/05/2022
05.	Celebration of Shivswarajya Din	06/06/2022
06.	Swacchata Mohim	08/06/2022
07.	Tree Plantation (25 trees) on occasion of MUHS Foundation day	10/06/2022
08.	International Day of Yoga (IDY) Activity: Essay Competition	13/06/2022
09.	International Day of Yoga (IDY) Activity: Video Making Competition	16/06/2022
10.	International Day of Yoga (IDY) Activity: International Guest Lecture (online)	20/06/2022
11.	The POCSO Act & Prevention of Child Sexual Abuse”	29/06/2022



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Ref No: VSPM's COP/Prin/ 206 /2022

Date: 30/06/2022

Program Report

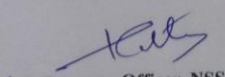
The NSS unit of VSPM's College of Physiotherapy, Nagpur has organised a seminar on "**The POCSO Act & Prevention of Child Sexual Abuse**" on 29/06/2022 at Dream Hall, VSPM's COP. The guest faculty for the program was **Dr. Ramya Nisal**, General Surgeon and Psychologist.

The program was started at 11:00 am with the welcome of the Guest faculty and team by Dr. Maneesha Deshpande, Principal, followed by introduction of the speaker to the students and staff of VSPM's College of Physiotherapy.

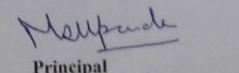
The speaker, being a member of a NGO **Sakshi** and working on **The Rakshin Project**, explained about the POCSO Act in details. She elaborated on the ways and manners of sexual abuse of children with the help of examples and incidences. The speaker showed videos to create awareness about child sexual abuse. The speaker has also enlightened about the prevention strategies for child abuse in the society to safeguard the children. Pre and post seminar feedback was obtained from all the participants by the guest faculty team. The program being an interactive session, all the participants showed great zeal and enthusiasm.

The UG and PG students, Interns, teaching and non teaching staff members of the college participated in the program. At the concluding part of the event, a token of gratitude was presented to the guest faculty by the hands of Dr. Maneesha Deshpande.

The organisers for the event were Dr. Pushpa Dhote (Prof. Neurophysiotherapy & Program officer, NSS), Dr. Harshadip Kothare (Asst. Prof. Electrotherapy and Electrodiagnosis and Asst. Program Officer, NSS) and Dr. Kartik Shah (Asst. Prof. Musculoskeletal PT and I/C Students' welfare Association). MOC for the ceremony was Dr. Apoorva Dafne (PG student). The vote of thanks was proposed by Dr. Pushpa Dhote. The whole event was organised under the guidance and supervision of Dr. Maneesha Deshpande, Principal VSPM's College of Physiotherapy, Nagpur.


Program Officer, NSS




Principal
V.S.P.M.'s College of Physiotherapy,
Digdoh Hills, Hingna Road, Nagpur-19





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Ref. :

256
VSPMS/EOP/Prin/156/2022

Date : 11/16/2022

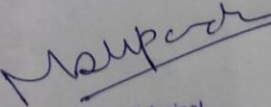
Program Report

On occasion of the 24th Foundation day of Maharashtra university of Health sciences, Nashik, VSPM's College of Physiotherapy, Nagpur has organised a tree plantation activity preceded by hoisting of the MUHS flag.

The program started with the assembly of all the teaching, non teaching staff and students of VSPM's College of Physiotherapy at the College assembly point at 9:30 am. Dr. Maneesha Deshpande, Principal, enlightened the students about the importance of the event. MUHS flag hoisting and presentation of the University anthem was carried out at sharp 10:00 am.

Following this a Tree plantation activity was carried out in the College campus by the hands of BPTH students of VSPM's College of Physiotherapy. Total thirty three (33) Acacia trees, each having 8 to 10 feet height, were planted by 33 students sticking to the "One student one tree" note. NSS program officer Dr. Pushpa Dhote, Assistant Program officer Dr. Harshadeep Kothare and Dr. Kartik Shah were present during the activity who motivated the students for plantation as well as taking care of the trees.

The whole event was organised under the guidance and supervision of Dr. Maneesha Deshpande, Principal VSPM's College of Physiotherapy, Nagpur.


Principal
V. S. P. M'S College of Physiotherapy
Digdoh Hills, Hingna Raod, Nagpur







V.S.P.M's COLLEGE OF PHYSIOTHERAPY

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Ref. VSPM's COP/Prin/150/2022

Date: - 08/06/2022

शिवस्वराज्य दिन कार्यक्रमाचा आहवाल

व्हि.एस.पी.एम. एस. कॉलेज ऑफ फिजिओथेरेपी इथे शिवस्वराज्य दिन 06 जून 2022 रोजी साजरा करण्यात आला. कार्यक्रमाचे आयोजन डॉ. हर्षदीप कोठारे व डॉ. कार्तिक शाह (सहाय्यक रासेयो कार्यक्रम अधिकारी) यांनी केले होते.

कार्यक्रम विद्यालयाच्या ड्रिम हाल मध्ये सकाळी 11.00 वाजता, प्राचार्या, शिक्षक, विद्यार्थी व कर्मचा-यांच्या उपस्थिती मध्ये पार पाडला. विद्यालयाच्या प्राचार्या डॉ. मनीषा देशपांडे यांनी सुरुवातीला कार्यक्रमाचे महत्व तसेच श्री. छत्रपती शिवाजी महाराजांच्या प्रेरणादायी कामगिरी बद्दल विद्यार्थ्यांना संबोधन केले.

विद्यालयाच्या शिक्षिका डॉ. रश्मी माहुलकर यांनी श्री. छत्रपती शिवाजी महाराजांच्या चरित्रातील महत्वाचे प्रसंग विशद केलेत.

हर्षल लांडगे (द्वितीय वर्ष विद्यार्थी) यांनी श्री. छत्रपती शिवाजी महाराजांची वेषभूषा करून कार्यक्रमाची शोभा वाढविली.

विद्यालयाच्या पदव्युत्तर विद्यार्थीनी डॉ. मंधूरा दरवरे, डॉ. प्राजक्ता दुपारे, डॉ. देव्यानी खुटेमाटे, डॉ. नयन फुलवाले, डॉ. तनुश्री सुपेकर व डॉ. प्रगती नेहते यांनी महाराष्ट्र गीत सादर केले.

कार्यक्रमाचे सूत्रसंचालन समिक्षा कन्नमवार (द्वितीय वर्ष विद्यार्थी) यांनी केली. कार्यक्रमाची सांगता राष्ट्रगीताने झाली.



Handwritten signature

प्राचार्या

व्हि.एस.पी.एम.एस.

भौतिकोपचार महाविद्यालय,

नागपुर.





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Ref. : No VSPM's COP / yoga - 130 / 2022

Date : 17/5/22

To,
Dr. Manojkumar D. More
Director Student Welfare
MUHS, Nashik

Subject: Report of activities on "Common Yoga Protocol" conducted on 14th May 2022

Dear Sir,

On occasion of 8th International Day of yoga 2022, the VSPM's College of Physiotherapy, Nagpur have conducted two activities on "Common Yoga Protocol", Demonstration and practice session by Dr. Neha Gotmare, Associate Professor & HOD, Dept. Of Electrotherapy & Electro Diagnosis, VSPM's College of Physiotherapy, Nagpur. She explained the importance and health benefits of yoga in day to day life.

For 1st year to 3rd year B. P. Th students the session was arranged AT Dream Hall between 11.00 AM TO 12.00 PM.

The session for final year physiotherapy students, interns and postgraduate students was arranged at Matoshree Hall in association with VSPM Dental college, Nagpur.

All the students and Interns participated in both the session enthusiastically.

Encl: Photos of the session


PRINCIPAL
VSPM's College of Physiotherapy







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ज. / वि. शि. प्र. भ. भौतिकोपचार महा / प्राचार्य / मराठी भाषा - १२४/२०२२

Date: 07/05/2022

प्रति,

मा. कुलसचिव,

महाराष्ट्र आरोग्य विज्ञान विद्यापीठ,

वणी, दिंडोरी रोड, म्हसळ,

नाशिक - 422004.

विषय :- मराठी भाषेची जतन व प्रसार प्रचार करण्या हेतू आयोजित केलेल्या
व्याख्यानाचा तपशील सादर करण्याबाबत.

संदर्भ :- मआवि/पीआर/106/2022

आदरणीय महोदय,

मराठी भाषेची जतन, तिचा प्रचार व प्रसार करण्या हेतू व्हि.एस.पी.एम.एस.
भौतिकोपचार महाविद्यालयात दिनांक 06/05/2022 रोजी डॉ. सूमेधा हर्षे गोसावई,
पेडियाट्रिक फिजियोथेरेपीस्ट हयांचे व्याख्यान आयोजित करण्यात आले, या व्याख्यानाचा तपशील
आपल्या माहितीस्तव येथे सादर करण्यात येत आहे.



आपली

Munisha

डॉ. मनीषा देशपांडे
प्राचार्या

व्हि.एस.पी.एम.एस.
भौतिकोपचार महाविद्यालय,
नागपूर



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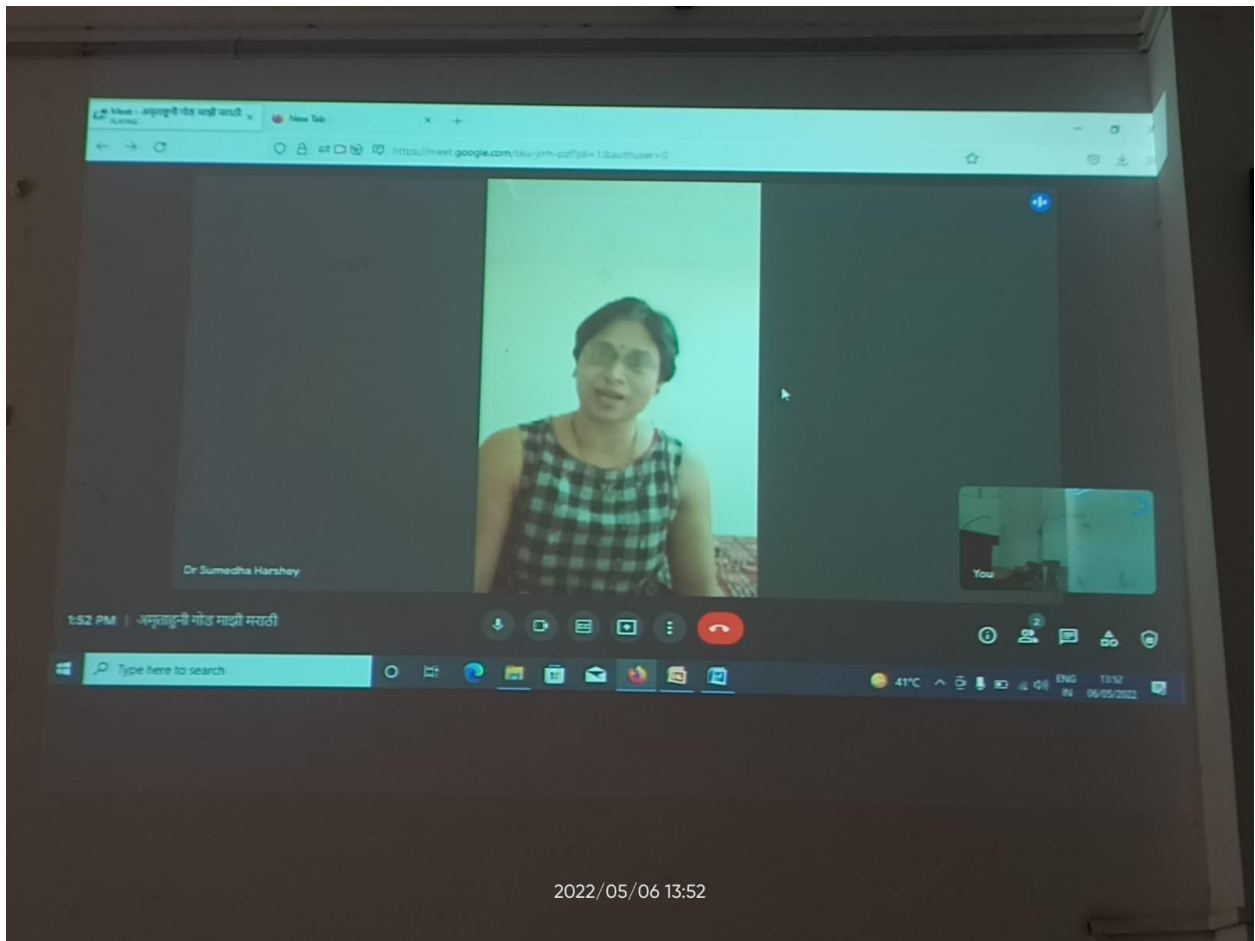
Date: 07/05/2022

व्याख्यान तपशील

विद्या शिक्षण प्रसारक मंडळाचे व्हि.एस.पी.एम.एस भौतिकोपचार महाविद्यालयातर्फे मराठी भाषेचे जतन व तिचा प्रचार व प्रसार करण्या निमित्त डॉ. सूमेधा हर्षे पेडियाट्रिक फिजियोथेरेपीस्ट हयांचे "अमृताहुनी गोड माझी मराठी " या विषयावर दिनांक 06/05/2022 रोजी दुपारी 1:30 ते 2:30 दरम्यान व्याख्यान आयोजित केले होते. या व्याख्यानाला समस्त शिक्षक व शिक्षकेत्तर वृंद व विद्यार्थीगण मोठ्या संख्येने उपस्थित होते. हे व्याख्यान डॉ. मनीषा देशपांडे हयांचा मार्गदर्शना खाली आयोजित करण्यात आले होते. डॉ. शिल्पा चौरसिया हयांनी वक्त्यांचा अतिशय सुंदर परिचय दिला व डॉ. पुष्पा धोटे हयांनी व्याख्यानानंतर वक्त्याचे आभार मानले.



M. Deshpande
डॉ. मनीषा देशपांडे
प्राचार्या
व्हि.एस.पी.एम.एस.
भौतिकोपचार महाविद्यालय,
नागपूर



2022/05/06 13:52



V.S.P.M.'S COLLEGE OF PHYSIOTHERAPY

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Ref : V.S.P.M.'s Cop/Prin/98/2022

Date : 14/04/2022

To,

The Director,

Students Welfare,

Maharashtra University of Health Sciences, Nashik.

Subject: Program Report of 131st Dr. Babasaheb Ambedkar Jayanti

Celebration on 14/04/2022.

Ref: Letter No: M.U.H.S/SW/NSS/449/2022 Dated 04/04/2022

Respected Sir,

With reference to the above cited subject, V.S.P.M.'s College of Physiotherapy has celebrated 131st Dr. Babasaheb Ambedkar Jayanti and enlightening speech on "Bharatiya Sanvidhaan"

The detailed report of the program is attached herewith.



Principal

Y. Praveen

Principal

V.S.P.M.'s College of Physiotherapy,
Digdoh Hills, Hingna Road, Nagpur-44

Program Report

VSPM's College of Physiotherapy, Nagpur has celebrated 131st Birth Anniversary of Dr. Babasaheb Ambedkar on 14th April 2022 with the motivation of Dr. Maneesha Deshpande, Principal, VSPM's College of Physiotherapy. The program was organized under the vision and guidance of Dr. Y. Praveen Kumar, Prof. and HOD, Dept. of Cardiovascular and Respiratory PT. All the necessary requirements for the program were arranged by Dr. Harshadeep Kothare, Asst. Prof. VSPM's College of Physiotherapy.

The staff members and students of VSPM's College of Physiotherapy were present in huge numbers for the program.

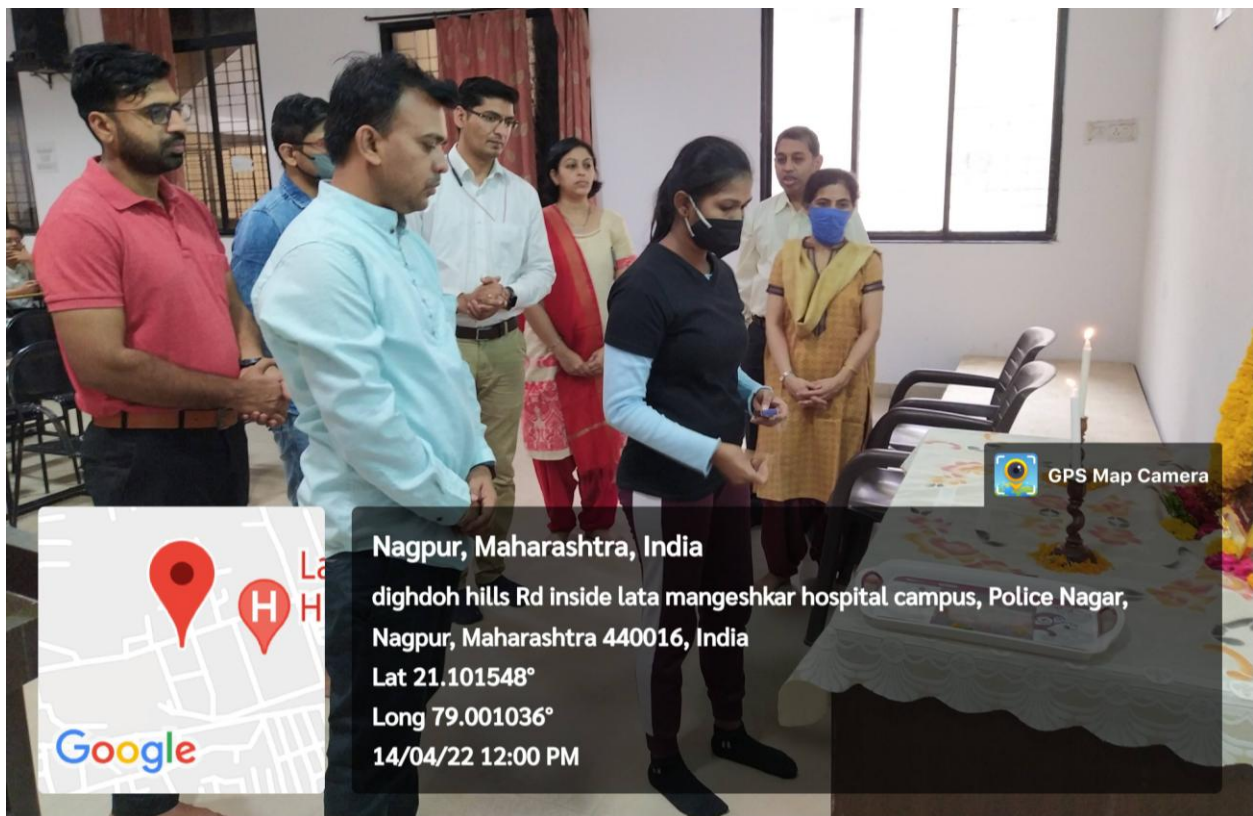
The schedule of the event was as follows

- The program started at 11:00 am with welcome to all the faculty and students.
- The birth anniversary of Dr. B.R. Ambedkar was celebrated by offering a floral tribute and lightning candles by the faculty members and student representatives.
- Miss. Payal Ramteke, Intern, VSPM's College of Physiotherapy presented a speech about the work of Dr. B. R. Ambedkar for Indian Society and enlightened about the Preamble of the Constitution of India, the topic of the event being "Bharatiya Sanvidhaan"
- Dr. Y. Praveen Kumar also shared his views about the important contribution of Dr. B.R. Ambedkar for Indian society and regarding the constitutional rights as stated in the Indian Constitution.
- The vote of thanks was proposed by Miss Priyanka Chilhate, Intern, VSPM's College of Physiotherapy, Nagpur.
- The program concluded with National Anthem at 12:45 pm.

Report prepared by
Dr. Harshadeep Kothare
[Signature]
14/04/2022



[Signature]
Principal
V.S.P.M.'s College of Physiotherapy,
Dhule Hills, Hingna Road, Nagpur-46





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No. VSPM's COP/Prin/ 78 /2022

Date: 07/04/2022

Program Report

VSPM's College of Physiotherapy, Nagpur has organised Guest lecture on importance of nutrition under **"Poshan Pandharwada"** on 04/04/2022. The guest faculty for the program was Prof. Nilima Joshi, Nutritionist, MSc. MPhil Food and Nutrition.

Topic: ***"Diet and health Conditions to watch for as you age."***

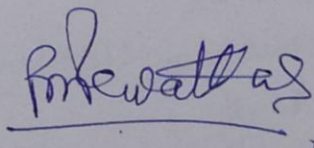
The speaker explained about the changing food habits and behaviours including consumption of junk food and the hazards related to it. She has also explained about the replacement of junk by Healthy food and its nutritional benefits.

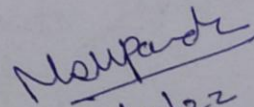
The staff members and students of VSPM's College of Physiotherapy had attended this interactive session with great zeal and enthusiasm.

Along with this program, a recipe competition ***"Nutritious fusion recipe for adults"*** was also organised by VSPM's College of Physiotherapy, in which Staff and students of the college participated enthusiastically. Prof. Nilima Joshi was the judge for the competition.

The whole event was organised under the vision and guidance of Dr. Maneesha Deshpande, Principal VSPM's College of Physiotherapy, Nagpur.

The organisers for the event were Dr. Pushpa Dhote (Prof. Neurophysiotherapy & Program officer, NSS), Dr. Harshadip Kothare (Asst. Prof. Electrotherapy and Electrodagnosis and Asst. Program Officer, NSS) and Dr. Priyanka Deshmukh (Asst. Prof. Kinesiology and Physical Diagnosis and Asst. Program Officer, NSS)




7/4/22
Principal
V.S.P.M's College of Physiotherapy,
Digdoh Hills, Hingna Road, Nagpur-19

